Your New Life

by L. Jeter Walker

Developed in Cooperation With
the Global University Staff

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First Edition 1969
Ninth Edition 1993
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First, Let’s Have a Talk

A Word From Your Study Guide Author

When you asked Jesus Christ to be your Savior, a wonderful event took place. You were brought out of darkness into light. Your sins were forgiven, and you were born into the family of God. You received a new life. This book is about that new life you now have because of what Jesus did for you.

Your new life is a gift directly from your heavenly Father. It will last forever! But though it comes from God in heaven, you begin to live it now on earth. Day by day you will be changed by God’s power until you become more like Him. Your old desires and habits will fall away as you obey Him. New, beautiful patterns will form.

Just how does all this happen? What can you expect now that you belong to God? What differences will there be? How does your heavenly Father want you to live? How does He tell you what He wants you to do? What kind of help does He give you?

These are some of the questions this course was written to answer. You will discover important truths about the life God has given to you. You will receive benefits as you study it either by yourself or in a group. A modern method of teaching helps you to learn the principles easily and put them into practice immediately.

Your Study Guide

This book is a pocket-sized workbook that you can take with you and study whenever you have five or ten minutes free. Try to do at least a lesson a week.

You will notice that objectives are given at the beginning of each lesson. The word objective is used in this book to help you know what to expect from your study. An objective is something like a goal or a purpose. You will study better if you keep in mind your objectives.

Be sure to study carefully the first two pages of each lesson. This prepares your mind for what follows. Next, study the lesson section by section and follow the instructions under the title For You to Do. If there is not enough room to write your answers to the study questions in the study guide, write them in a notebook so you can refer back to them when you review the lessons. If you are studying this course with a group, follow the instructions of your group leader.

How to Answer Study Questions

There are different kinds of study questions in this study guide. Following are samples of several types and how to answer them.

A MULTIPLE-CHOICE question or item asks you to choose an answer from the ones that are given.
Example of Multiple-Choice Question

1 A week has a total of
   a) 10 days.
   b) 7 days.
   c) 5 days.

The correct answer is b) 7 days. In your study guide, make a circle around b) as shown here:

1 A week has a total of
   a) 10 days.
   b) 7 days.
   c) 5 days.

(For some multiple-choice items, more than one answer may be correct. In that case, you would circle the letter in front of each correct answer.)

A TRUE-FALSE question or item asks you to choose which of several statements are TRUE.

Example of True-False Question

2 Which statements below are TRUE?
   a The Bible has a total of 120 books.
   b The Bible is a message for believers today.
   c All of the Bible authors wrote in the Hebrew language.
   d The Holy Spirit inspired the writers of the Bible.

Statements b and d are true. You would make a circle around these two letters to show your choices, as you see above.

A MATCHING question or item asks you to match things that go together, such as names with descriptions or Bible books with their authors.

Example of Matching Question

3 Write the number for the leader’s name (right) in front of each phrase that describes something he did (left).

. . . . a Received the Law at Mt. Sinai 1) Moses
 . . . . b Led the Israelites across Jordan 2) Joshua
 . . . . c Marched around Jericho
 . . . . d Lived in Pharaoh’s court

Phrases a and d refer to Moses, and phrases b and c refer to Joshua. You would write 1 beside a and d, and 2 beside b and c, as you see above.

Your Student Report

If you are studying to earn a certificate, you will need to complete the Student Report. The Student Report and answer sheets are located at the end of the book.

There are two units in this course. In the Student Report there are questions for each unit. There is also an answer sheet for each of the two units. Your study guide will tell you when to answer the unit questions and to fill out the appropriate answer sheet.

Follow the instructions given in your student report for sending the answer sheets to the ICI office in your area. The address should be stamped at the top of the copyright page. When you do
this, you will receive an attractive certificate. If you have already earned the certificate, you will receive a seal to affix to it, indicating that you have completed another course in this unit of study.

**About the Author**

Reverend Louise Jeter Walker gave a lifetime in helping people understand Christian truths. She earned both B.A. and M.A. degrees in Christian education and was an ordained minister of the Assemblies of God (U.S.A.). Her books and materials reflect the experience of over 62 years of missionary service in Peru, Cuba, Central America, the West Indies, and Belgium.

Reverend Walker brings a deep personal and biblical knowledge of the new life God gives His children to the writing of this course.

Now you are ready to begin Lesson 1. God bless you as you study!

**Additional Helps**

Other materials are available for use with this study guide, including supplemental audiocassettes, an Instructor’s Guide, and an Instructor’s Answer Key (for instructor’s use only). Consult the ICI director in your area for information on these products.
You’ve Begun a New Life

What happens when a caterpillar becomes a butterfly? How does a seed become a great tree? Natural life is at work in each one, and it produces an amazing change. Now that you are a Christian, spiritual life is at work in you. The change will be much greater than what happens to a caterpillar or a seed. God will make you like Jesus Christ, His Son!

Like the butterfly, you will soar above the ground on wings. You will no longer drag yourself along through life, bound to the earth. Like the tree, you will grow strong and fruitful. All this will happen because you have been born into God’s family. You are now His child in a very special way.

In this first lesson you will examine what the Bible says about the change that has happened to you. You will learn about your new privileges and responsibilities. You will discover the new family into which you have been born. And you will find out about the new relationships that God wants you to build with your brothers and sisters in the Lord.

In this lesson you will study . . .
What Happened?
What Must You Do About It?
Your New Family

This lesson will help you to . . .
• Discover what the Bible says about the change that has taken place in you.
• Explain what you must do in order to grow strong as a Christian.
• Describe the new relationships you have as a child of God.
WHAT HAPPENED?

Objective 1. Identify descriptions of the new life you have as a child of God.

The minute you accepted Jesus Christ as your Savior, you began a new life. He is the giver of life—wonderful, rich, and joyful life that never ends. You gave your life with all of its sins and failures to Him, and He gave you His life of victory over sin. You have begun a life full of glorious privileges as a child of God.

In each of these For You to Do sections, the questions or exercises will help you review or apply what you have studied. Be sure to answer the questions before you look at the answers.

For You To Do

1 Circle the letter in front of the correct sentence completion. Your new life comes from
   a) trying to be a Christian.
   b) Jesus Christ, the giver of life.
   c) joining a church.

2 You began a new life
   a) the moment you accepted Jesus Christ as your Savior.
   b) after you understood everything about being a Christian.
   c) when you decided to become a better person.

   You have this new life because Jesus lives in you. God’s Word, the Bible, tells you about it.

   Colossians 1:27. Christ is in you, which means that you will share in the glory of God.

   Note: The reference at the beginning of the quotation you have just read (Colossians 1:27) tells you where you can find the quotation in your Bible. It lists the name of the book, the number of the chapter or chapters, and the number of the verse or verses.

For You To Do

3 You learn about the life that comes from Jesus Christ living in you through
   a) science and philosophy.
   b) different religions.
   c) God’s Word, the Bible.

   Christ living in you makes you a Christian. Some people think that a Christian life is a dull prison-like existence. They think it means keeping a long list of rules. They couldn’t be more mistaken! Your new life in Christ will be richer, fuller, and happier than you ever dreamed life could be.

   John 10:10. “I have come in order that you might have life—life in all its fullness.”

For You To Do

4 Read the words of Jesus in John 10:10 several times until you can say them by memory. 
5 Jesus Christ came to give you
a) punishment for your sins.
b) life . . . in all its fullness.

   In this new life that Jesus gives, you will find new understanding, a new outlook, new goals, and a new purpose for living.

The burden of guilt is gone; your sins are forgiven. A new love for God and for others fills your heart, bringing you peace and joy. You have a new appreciation for all that is good and beautiful and a new sense of God’s presence, power, and goodness. New desires to please God and help others are beginning to change the direction of all your actions.

When a caterpillar becomes a butterfly, it can do things it never could before. It can fly above the places where it once crawled. The same is true for you, but even more so. The change that the Holy Spirit has made in you affects everything. You have actually passed from death to life! You are no longer a guilty sinner. You have received God’s pardon, and you are now His child. You can now have a life of true freedom and joy.

For You To Do

6 In your own words, describe one way your life has changed since you asked Jesus Christ to be your Savior.

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7 When you were born into God’s family, you began a life of
a) escape from all problems.
b) freedom to act any way you please.
c) love for God and others.

WHAT MUST YOU DO ABOUT IT?

Objective 2. State how you can continue to live the new life God has given you.

As a newborn baby in God’s family, you will enjoy His loving care. You must also accept the provisions that He made to keep you healthy and strong. He has given you a new nature, and now you must do your part to develop it.

This book will help you develop your new nature. As you study these lessons, you will learn about your new privileges and responsibilities as a child of God. Enjoy them to the full during your life on earth. Then, someday Jesus will take you to live with Him in His heavenly home, a home that will be a thousand times more wonderful than anything in this world.

The main thing you must do is to remain in union with Christ and grow strong in the life He gives.

John 15:4-5. “Remain united to me, and I will remain united to you . . . for you can do nothing without me.”

Colossians 2:6-7. Since you have accepted Christ Jesus as Lord, live in union with him. Keep your roots deep in him, build your lives on him, and become stronger in your faith, as you were taught. And be filled with thanksgiving.
**For You To Do**

8 The purpose of this course is to help you
a) discuss religion with each other.
b) learn rules that a Christian must follow.
c) know how to act in church.
d) enjoy all your privileges as a child of God.

9 You develop your new nature as a Christian by
a) remaining in union with Christ.
b) trying hard to be like Jesus.
c) acting like other Christians.

**YOUR NEW FAMILY**

**Objective 3.** Describe the new family you have when you become a child of God.

**God, Your Father**

The Almighty God, who created the universe, is now your loving Father. Don’t think of Him as being stern and far away. He is at your side right now, eager to help you in all your problems.

Now that you are a child of God, your Father wants you to talk with Him frankly and confidently, just as a child does to a kind and understanding father. Talk things over with Him in prayer every day, at any time of the day or night. Tell Him all your problems. Thank Him for His blessings. He is interested in you and everything that affects you. You don’t have to use beautiful words or memorized prayers; just tell Him whatever is in your heart.

**For You To Do**

10 In your new life, you have God as a
a) far-off Being.
b) loving Father.
11 Circle the letter before each phrase that gives an example or description of how you can pray now that you have new life in Christ.
   a Thoughts from your heart
   b Memorized, carefully chosen words
   c “I come to you, heavenly Father, as your child.”
   d Any time of day or night
   e Knowing that He loves you
   f Only when you are in a church building

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**For You To Do**

**Jesus Christ, Your Older Brother**

Jesus Christ is your Older Brother in the family of God. He loves you so much that He died to save you. Now He wants to help you live a joyful life of victory over sin. Because He became a man and lived on earth, He understands the kind of problems you have. Thank Him now for saving you and for the help that He will give you each day.

12 Complete the following sentence in your own words. Jesus Christ is my Older Brother who understands me because He

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**The Holy Spirit, Your Helper**

The Holy Spirit, the Third Person of the Trinity, is the one who performed in you the mysterious miracle of the new birth. He changed your sinful nature and made you a child of God.

You will still have to fight against the old nature at times, but the Holy Spirit has come to live in your heart and help you. As you cooperate with Him in faith and obedience, He will teach you what to do and give you strength to do it.

13 The miracle of new life in you has been produced by the
   a) Holy Spirit.
   b) evangelist.
   c) pastor.

14 The purpose of the Holy Spirit is to
   a) punish you each time you make a mistake.
   b) force you to do what God wants you to do.
   c) live in you and help you do what is right.

**Other Christians, Your Brothers and Sisters**

Every true Christian who has been born again is a child of God. Since God is our Father, we are all brothers and sisters in Christ.

The older Christians all welcome you, their new brother or sister, into the family of God. They want to do everything they can to help you grow spiritually and become a strong, healthy Christian.

When you have a problem, talk it over with the pastor and your older brothers or sisters in the church. They will pray with you about it and do whatever they can to help you.
In your new life, other Christians are your brothers and sisters because they
a) attend services.
b) believe that religion is a good thing.
c) have the same heavenly Father that you do.
d) live near you and follow the same customs.

Write the number of the person or persons in your new family (right) before each phrase that describes the special relationship you have with Him or them (left).

. . . . a Lives in you to help you do God’s will 1) God
. . . . b Can share your problems and pray with you 2) Jesus Christ
. . . . c Is your Older Brother who understands you 3) The Holy Spirit
. . . . d Loves you and is your Father 4) Other Christians
. . . . e Died to save you
Check Your Answers

The answers to your study questions are not given in the usual order so that you will not see your next answer ahead of time. Look for the number you need, and try not to look ahead.

10 b) loving Father.

1 b) Jesus Christ, the giver of life.

11 a Thoughts from your heart
   c “I come to you, heavenly Father, as your child.”
   d Any time of day or night
   e Knowing that He loves you

2 a) the moment you accepted Jesus Christ as your Savior.

12 Your answer should be something like this: lived on earth as a man and faced the same kinds of problems that I do.

3 c) God’s Word, the Bible.

13 a) Holy Spirit.

5 b) life . . . in all its fullness.

14 c) live in you and help you do what is right.

7 c) love for God and others.

15 c) have the same heavenly Father that you do.

8 d) enjoy all your privileges as a child of God.

16 a 3) The Holy Spirit
   b 4) Other Christians
   c 2) Jesus Christ
   d 1) God
   e 2) Jesus Christ

9 a) remaining in union with Christ.
Have you ever watched a child who is learning to walk? Barely able to stand, the little one wobbles and totters around the room, holding onto whatever can be reached. But what excitement! What a look—as if the whole world had been conquered! And so, sometimes moving, sometimes standing, sometimes falling—but always getting up again and going on—the child learns to walk. The desire to succeed is strong. All the time the parents are close by, reaching out to help and encourage every step.

You are like that child in some ways. You have a new life from God. But learning how to live it is like learning how to walk. You need to be strong in your desire to succeed. Your heavenly Father is close by, ready to help. But you must try. You must put your hand in His hand and keep trying. If you do, every day you will improve. Your steps will become more firm and sure. You will stumble less often. Your ability will grow, and you will fulfill God’s wonderful plan for your life.

In this lesson you will study . . .

Put Your Hand in God’s Hand
Face Problems With God’s Help
Do What God Asks You to Do

This lesson will help you to . . .

• Trust God more.
• Deal with opposition.
• Overcome discouragement and doubts.
• Become sure of your salvation.
PUT YOUR HAND IN GOD’S HAND

Objective 1. Choose a description of the Christian’s walk.

How happy parents are when their baby takes his or her first steps! And how happy your heavenly Father is when you, His child, begin to walk with Him in this Christian life! Don’t be afraid that you will fall; just put your hand in your Father’s and He will help you. Each day, when you awake, ask Him to help you in everything you do that day.

For You To Do

1 The way to learn how to walk in your new life is to
   a) place confidence in yourself and your ability.
   b) put your hand in God’s and trust Him to help you.
   c) wait until you know everything that you should do.

FACE PROBLEMS WITH GOD’S HELP

Objective 2. Discover how to overcome discouragement, opposition, and doubt.

Has Satan Tried to Make You Fall?

Satan, the devil, is an enemy of God and of every Christian. He tries to trip you up and make you fall. He may use persecution, ridicule, discouragement, or temptation. He will try to make you doubt that you are saved. Satan always fights against Christians and tries to take them away from God. He especially tries to confuse new Christians with doubts and difficulties. He doesn’t want you to learn to walk with God.

So don’t be surprised if you get a few bumps while you are learning to walk. A child may run into a chair and hurt himself or lose his balance and fall, but this is no reason for him to refuse to try to walk again.

For You To Do

2 Circle the letter before each TRUE statement.
   a Satan often tries to make new Christians doubt their salvation.
   b Discouragement is a sign that God is angry with you.
   c After you become a Christian, you will have no more problems.
   d As a new Christian, you can expect that Satan will fight against you.

Just remember that your heavenly Father is much stronger than the devil and He will hold your hand.

John 10:28. “I give them eternal life, and they shall never die. No one can snatch them away from me.”
Memorize the words of Jesus in John 10:28.

Are You Suffering for Christ’s Sake?

Don’t be surprised or angry if your family or some of your friends make fun of you for accepting Christ. They may even persecute you. It is an honor and privilege to suffer for the One who died on the cross for us. We “carry our crosses” and follow Him, letting Him know that we appreciate what He suffered for our sakes.

Besides, the Lord promises to reward those who suffer for His sake.

**Luke 9:23.** “If anyone wants to come with me, he must forget himself, take up his cross every day, and follow me.”

**Matthew 5:10-12.** “Happy are those who are persecuted because they do what God requires; the Kingdom of heaven belongs to them! Happy are you when people insult you and persecute you and tell all kinds of evil lies against you because you are my followers. Be happy and glad, for a great reward is kept for you in heaven.”

Are You Discouraged or Bothered with Doubts?

Don’t be discouraged if you have a hard time doing what is right. When a person is born again, that person is truly a child of God, but he or she still has to learn how to walk. When new Christians make a mistake, the devil tries to discourage them by making them think: “Now look at what I’ve done. I must not be a child of God, or I would act differently.”

Some new Christians become confused and give way to doubt. They think: “I can’t live a Christian life; it’s too hard for me. I might as well go back to my old life and not try to serve God. Besides, I don’t see the great change in myself that the Christians talk about. I don’t feel any joy of salvation. I guess I’m not a Christian after all.”

Have you struggled with some of these doubts? Remember that they come from your enemy who is trying to discourage you and make you fall. Some people feel more joy than others when they get saved, so don’t worry about how you feel. The more you learn about what God did when He made you His child, the more joy you will have. As you thank Him for His blessings, your joy will grow. Remember that your salvation doesn’t depend on what you feel; it depends on the faithfulness of God to whom you have given your life and soul.
If you have stumbled and fallen, it doesn’t mean that you can’t learn to walk or that you aren’t God’s child. Ask His forgiveness for your failures, and then get up and try again.

As to the change in yourself, your desire to please God and the fact that you worry over your failures are proofs of a new nature. So don’t be discouraged. Remember that some children have more trouble than others learning to walk.

5 Circle the letter before each TRUE statement.
   a Real Christians always feel happy.
   b All Christians feel the same amount of joy when God saves them.
   c Thanking God for His blessings will cause your joy to grow.

6 Your salvation depends on the
   a) feelings you have.
   b) faithfulness of God toward you.
   c) number of good things you have done.

Your Father Loves You

Do you suppose that loving parents would scold their baby for falling down, or go off and leave the child when he or she is hurt? Not at all! They would pick the baby up, offer comfort, and then encourage the child to keep on trying until he or she learned to walk well. Do you think God will do any less for His child who is just beginning to walk? Impossible! Look to Him now in prayer and tell Him: “Thank you, Father, for holding my hand and teaching me how to walk. I am weak, but I know that you will help me do what I ought to do.”

You should know that God guides you in your Christian life by His Holy Spirit and by His Word, the Holy Bible. Read the Bible and pray every day. This will help you get rid of your doubts and walk without stumbling.

7 If you have done something you should not have done, you can expect your heavenly Father to
   a) forgive you and help you to do better.
   b) be angry and disown you as His child.
   c) leave you alone in your guilt.
What should you do each day so that God can guide you?
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**DO WHAT GOD ASKS YOU TO DO**

**Objective 3. Take steps to make sure of your salvation.**

Maybe you are wondering if you have done everything God expects you to do to be saved. Christ tells us clearly what a person has to do in order to be saved; so let’s see now if you have done your part. If you need to do something yet, you can do it now and be sure of your salvation.

God asks you to do two things to be saved: repent of your sins and believe the gospel.

**Repent**

**Mark 1:15.** “Turn away from your sins and believe the Good News!”

To repent means to be sorry for your sins and turn away from them.

Are you sorry for having disobeyed God? Are you determined to get rid of sin in your life, or is there some sin that you want to hold on to? Are you willing to give up your own way and, from now on, do only what pleases God?

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**For You To Do**

9. Below are several phrases. Circle the letter before the two that state what God asks you to do to be saved.

   a) Do penance.
   b) Join the church.
   c) Believe the gospel.
   d) Fast for several days.
   e) Repent of your sins.
   f) Do good deeds.
   g) Give money to the church.

10. Memorize the words of Jesus in Mark 1:15.

11. To repent means to
   a) be sorry for your sins and turn away from them.
   b) confess all your sins to a priest.
   c) tell other people that you want to change.

   Has someone treated you so badly that you don’t want to forgive him? Hatred and resentment are such terrible sins that they keep many people from a relationship with God. God is love, and He cannot live in a heart full of hate and prejudice. If you have something against someone, forgive him or her now. Ask God to help you love those who have treated you so badly.

   **Matthew 6:15.** “But if you do not forgive others, then your Father will not forgive the wrongs you have done.”

   If you still doubt that you have repented sincerely, you can settle this at once. Turn away from all sin and give up your own way so God can have His way in your life from now on.
If someone has done something wrong to you, you should
a) tell everyone how bad he or she is.
b) forgive that person right now.
c) plan how you can punish him or her.

Believe the Gospel of Jesus Christ

The word gospel means “good news.” It refers to the good news about salvation in Jesus Christ. The following gospel teachings are found in the Bible. Write yes by those you believe.

- God loved you so much that He sent His Son Jesus to take the punishment for your sins.
- Jesus died for your sins. He will free you from them if you accept Him as Savior and Lord.
- Jesus rose from the dead and went back to heaven. He prays for you and is preparing a home for you.
- When you accept Jesus as your Savior, you become a child of God and have a new life in Him.
- Jesus will come back for His own and take them back with Him to their eternal home in heaven.
- Do you believe all this about Jesus Christ? Have you accepted Him as your personal Savior? Then trust in Him. Believe His promises.

Acts 16:31. “Believe in the Lord Jesus, and you will be saved.”

1 John 5:11-12. God has given us eternal life, and this life has its source in his Son. Whoever has the Son has this life; whoever does not have the Son of God does not have life.

Why do you think that the gospel of Jesus Christ is called the “good news”? Believe in Jesus means that you trust in Him. He understands and loves you. He prays to the Father for you. Jesus is the one that God has chosen to do this.
1 Timothy 2:5. For there is one God, and there is one who brings God and mankind together, the man Christ Jesus.

Acts 4:12. “Salvation is to be found through him alone; in all the world there is no one else whom God has given who can save us.”

Jesus said, “I am the way” (John 14:6). There is no other road or way to God. You cannot walk on two roads at the same time. You will have to leave any other road that is supposed to lead you to God in order to follow Jesus, the only true way. You will have to place all of your faith in Him.

If you have really repented, believing God’s promises and trusting in Christ as your only Savior, you are saved.

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### For You To Do

15 Following are some facts about Jesus Christ. Which one makes Him the only way to God?

- a) Good teacher
- b) Unselfish and loving
- c) Humble yet strong
- d) The only Son of God
- e) Miraculous healer

Do you want to make sure that Jesus is your Savior? Do you want to rededicate your life to God and make sure that you are walking with Him? Tell Him so in the words of this prayer:

#### Prayer

Thank You, God, for Your love for me and for sending Your only Son, Jesus Christ, to die in my place. I accept Him as my Savior and Master. Thank You for forgiving my sins and accepting me as Your child. Help me to be good and obedient and to please You in all things. I give myself to You. Help me to walk with You all the rest of my life. Amen.

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#### Check Your Answers

8 Read the Bible and pray.

1 b) put your hand in God’s and trust Him to help you.

9 c) Believe the gospel.

  e) Repent of your sins.

2 Statements a and d are true.

11 a) be sorry for your sins and turn away from them.

4 c) happy because He will reward you.

12 b) forgive that person right now.

5 Statement e is true.
Your answer. The gospel is “good news” because it tells us that we do not have to work for our salvation. Jesus Christ gives it to us as a free gift when we repent of our sins and believe in Him.

6 b) faithfulness of God toward you.

15 d) The only Son of God

7 a) forgive you and help you to do better.
How does a sheep know when to graze on the hillside and when to go into the fold? How does it avoid following a stranger? A sheep is led and protected by listening to the voice of its shepherd. Because the shepherd has cared for the sheep since it was a lamb, the sheep knows the shepherd’s voice. It won’t follow anyone else.

In some ways, your relationship to God is like that of a sheep to its shepherd. God wants to lead you and care for you. He speaks to you every day to guide you and protect you from danger. As you keep listening to His voice, you will be able to recognize it more. You will know what to do, and those who wish to confuse you will not mislead you.

This lesson will help you understand how God speaks to you. Sometimes He will speak to you directly. At other times He will use His Word, the Bible. At still other times, He will use another Christian.

As you study this lesson, you will discover how to recognize your Father’s voice no matter what method He chooses.

In this lesson you will study . . .
God Wants to Talk to You
God Speaks in Many Ways
God Has a Book for You
How to Hear God’s Voice

This lesson will help you to . . .
• Give reasons why you can expect God to talk to you.
• State several ways God speaks to you.
• Describe the Book God has for you.
• Know how to hear God’s voice every day.
GOD WANTS TO TALK TO YOU

Objective 1. Identify the reason why God chooses to talk to you.

What father doesn’t enjoy talking with his children even when they are babies and can only smile an answer? Your heavenly Father also likes to talk with His children, showing His love for them, teaching them, and helping them with their problems. Would you like to hear His voice?

For You To Do

1 You can expect God to talk to you because He
   a) loves you as your heavenly Father.
   b) made everything that exists.
   c) is able to do anything He decides to do.

GOD SPEAKS IN MANY WAYS

Objective 2. Identify examples of six ways God speaks to you.

   Hebrews 1:1-2. In the past God spoke to our ancestors many times and in many ways through the prophets, but in these last days He has spoken to us through his Son.

   Here are some of the ways that God speaks to you.

Directly to Your Heart

The Holy Spirit makes the presence of Jesus known to you. He may speak through your conscience, making you feel what you ought to do or warning you not to do something. He may make a spiritual truth clear to you. Or you may feel a deep impression that God wants you to do something. When you pray, ask God to speak to you and expect to hear His voice in your heart.

For You To Do

2 How does God speak directly to your heart? (Two statements are correct.)
   a) You always hear a distinct voice just like you would if a person were speaking to you.
   b) You may be impressed to do something.
   c) God’s voice must be through a dream or a vision.
   d) A spiritual truth may suddenly become real or clear to you.

Through His Blessings

Many Christians say that the whole world looks different to them since they have been born again. You too may have a new appreciation of God’s blessings as you look around you. You can feel His presence in the wonders of nature. He speaks to you through music and art. You feel Him near in the warm friendship of other Christians. A thousand blessings all around you tell you of the goodness of God. He speaks in the answers to your prayers. The eyes of faith see the smile of God, and the ears of your spirit can hear Him say, “My child, I love you.”
3 Name a blessing in which you can see that God loves you.

Through Other Christians

Sometimes the older children in a family say to the younger: “No, no! Papa doesn’t like that!” Or, “Look, this is what Daddy wants.”

God, too, speaks to His children through older brothers and sisters in the Lord. He wants us to meet often with other Christians so that He can use them to encourage, guide, and help us.

Ephesians 5:21. Submit yourselves to one another because of your reverence for Christ.

4 Have other Christians ever helped you understand what God wanted you to do?

5 Has anyone encouraged you to be a better Christian?.................Who?..............................

6 Thank God now for the way He speaks to you through other Christians. Ask Him to speak to you to help others find salvation or encourage others to follow the Lord.

Through Spiritual Gifts and Ministries

The Holy Spirit has put in the church many different spiritual gifts. He speaks to us through them. He gives God’s message for the church to pastors, teachers, evangelists, and writers. He wants to use every Christian to tell about God. It is important for you to attend church services as often as you can. Every time you go, listen for what your heavenly Father wants to tell you.
Matthew 18:20. “For where two or three come together in my name, I am there with them.”

7 From the following list, choose three ways that God uses to speak His message to people.
   a The preaching of evangelists
   b Spiritual mediums
   c Witchcraft
   d Christian pastors
   e Books by Christian writers

8 When you are in church, do you expect God to speak to you? .........................

9 Has God spoken to you through this book? ...........
   Ask Him to speak to you in every lesson.

Through Songs
   God will often speak to you through the words of a gospel song or chorus. You will be surprised to see how often He will bring to your mind the words of some song just when you need its message.

   Ephesians 5:19. Speak to one another with the words of psalms, hymns, and sacred songs; sing hymns and psalms to the Lord with praise in your hearts.

10 Ask the Lord to help you learn quickly the songs and hymns that are sung at your church. Sing them at home as much as you can.

11 Make a habit of thinking about what you are singing. Is there a song with a certain truth you want to become part of your life? Write that truth in the following space and ask God to help you apply it to your life.

   ..................................................................................

Through the Bible
   God speaks to you through His book, the Holy Bible. This is the surest way of knowing His message. The pastor may not always know what God’s will is for you. Your brothers and sisters in Christ might give you the wrong advice. Dreams and even visions are not always from God. They can come from what you have been thinking about or from your subconscious mind. You may feel that God wants you to do something when it is just your own desire that urges you to do it. So how can you know God’s voice?

   Thank God that you have God’s message written down for you in the Bible. You must test everything else by what God tells you in the Bible. That is why it is so important to study God’s Word as you are doing now. Through these basic studies you will come to understand the Bible better. You will learn how to put its teachings into practice in your life.
Psalm 119:18, 89, 105, 130, 160. Open my eyes, so that I may see the wonderful truths in your law. Your word, O Lord, will last forever; it is eternal in heaven. Your word is a lamp to guide me and a light for my path. The explanation of your teachings gives light and brings wisdom to the ignorant. The heart of your law is truth, and all your righteous judgments are eternal.

For You To Do

12 What is the surest way for you to know what God’s message is for you?
   a) Study what God says in the Bible.
   b) Listen to the advice of your friends.
   c) Follow your feelings about what you should do.

GOD HAS A BOOK FOR YOU

Objective 3. Identify facts about the Bible.

How God’s Book Was Written

The Bible is made up of sixty-six different books. Over a period of around 1,600 years, about forty different men wrote these books. These were men God chose, and He sent His Holy Spirit to help them know what to write. As a result, we have God’s message to us. Together, the sixty-six books are called the Holy Scriptures. All agree perfectly with each other. They develop the same theme in such unity that we know they have come from one single Author—God.

For You To Do

13 Which statements below are TRUE?
   a) Although the Bible has sixty-six different books, it has only one theme.
   b) The Holy Spirit guided each man who wrote a book of the Bible so that he would know what to write.
   c) All sixty-six books of the Bible were written at the same time.
   d) Forty books of the Bible were written by the same man.

Godly people recognized the special quality of the sixty-six books God had inspired. About two hundred years after Jesus was born, they gathered the books together into one book, the Holy Bible. *Holy Bible* means the books of God. The first thirty-nine books were written before the birth of our Lord Jesus. They are called the Old Testament. The second part of the Bible is called the New Testament. In it are the twenty-seven books written after Jesus came and made a new covenant between God and humankind. They give us the terms of this covenant.

Most of the Old Testament was first written in Hebrew, and the New Testament in Greek. (A small part of the Old Testament was written in Aramaic.) God has given us His book for all humankind and wants everybody to read it. He has helped His children translate it into many languages. Now there are parts of the Bible in more than 1,300 languages.
Match the part of the Bible (right) to each phrase that describes it (left).

a. Describes the new covenant
b. Mostly written in Hebrew
c. 27 books
d. 39 books
e. Written in Greek
f. Written before Jesus was born

In some languages there are several different translations, or versions, of the Bible. Some of them are Protestant and others Catholic, but to a large extent they all say the same thing.

Old Testament quotations in these lessons are taken from the King James Version. New Testament quotations are from Today’s English Version, also called the Good News Bible.

The Bible is a book for
a) only the well educated who can read Hebrew, Aramaic, and Greek.
b) everyone.
c) ministers or pastors and no one else.

Bible References

Each book of the Bible is divided into numbered chapters. The chapters are divided into small paragraphs called verses. The verses are numbered so that we can tell exactly where to find what we are looking for in the Bible. If you want to make a note of where a certain passage is found in the Bible, you write first the name of the book, then the number of the chapter followed by a colon (:) and the number of the verse. “John 3:16” refers to the book of John, chapter 3, verse 16.

To refer to two or more verses that are not consecutive, separate them by commas. “John 3:16, 18, 20” means John, chapter 3, verses 16, 18, and 20. This is a Scripture reference.

A hyphen between two numbers means that all the verses in between are included. “John 3:16-22” means John, chapter 3, verses 16 through 22.

A hyphen is also used between two consecutive verses. “John 3:16-17” means John, chapter 3, verses 16 and 17.

When referring to verses in different chapters, use a semicolon (;) to separate the references. “John 3:16; 6:24” means John, chapter 3, verse 16; and John, chapter 6, verse 24.
The Scripture reference for the book of Matthew, chapter 6, verses 31, 32 and 33 should be written as
a) Matthew 31-32, and 33.
b) Matthew 6:31, 32, and 33.
c) Matthew 6:31-33.


HOW TO HEAR GOD’S VOICE

Objective 4. Take steps that will help you hear God’s voice every day.

Before listening to a certain station on the radio, you must set your dial to tune it in. How can you set the dial of your spirit to tune in God’s voice? Here are a few ways to do it.

• Read the Bible every day.
• Keep on thinking about what you have read in the Bible. Meditate on the Word.
• Make a habit of rereading and memorizing the Bible verses that you especially like.

2 Timothy 3:16-17. All Scripture is inspired by God and is useful for teaching the truth, rebuking error, correcting faults, and giving instruction for right living, so that the person who serves God may be fully qualified and equipped to do every kind of good deed.

If you are just now starting to read the Bible for the first time, begin with the book of Mark in the New Testament. God will speak to you very clearly through Jesus’ life and teachings. You will learn more about the new covenant that the Lord has made with us before you study the Old Testament.

Hebrews 1:1-2. In the past God spoke to our ancestors many times and in many ways through the prophets, but in these last days he has spoken to us through his Son.

• Go to church regularly expecting to hear from God.
• Pray every day. Ask God to speak to you. When you pray, you may want to close your eyes to “tune out” thoughts about the things around you. Don’t use all the time talking to God. Wait quietly for Him to speak to your heart.
• Sing gospel songs and think about their words.
• Practice looking for God’s goodness, power, and love all around you.
• Read Christian literature and listen to gospel broadcasts when you can.
• Talk with other Christians about God and His Word.
• Do what God tells you to do. Remember that to have Him lead you, you must be willing to follow.
• Faithfully do your lessons in this book and in other Bible studies, and ask God to speak to you through them.
For You To Do

18 Go back over the list of things you can do to hear God’s voice. Put a check mark beside each one that you are already doing. Pray about each one that you aren’t doing yet or that you aren’t doing regularly. Underline each one that you plan to start doing.

Check Your Answers

13 Statements a and b are true.
   1  a) loves you as your heavenly Father.

14 a) 2) New Testament
   b) 1) Old Testament
   c) 2) New Testament
   d) 1) Old Testament
   e) 2) New Testament
   f) 1) Old Testament

2 Statements b and d are correct.

15 b) everyone.

7 a) The preaching of evangelists
   d) Christian pastors
   e) Books by Christian writers

16 c) Matthew 6:31-33.

12 a) Study what God says in the Bible.

Do You Want to Grow?

You have been born into God’s family. Now you need to grow. How can you do this? In some ways spiritual growth is like physical growth. To grow physically, you must eat the right kind of food, get the proper amount, avoid harm and danger, and get enough exercise.

To grow spiritually, you must do the same kinds of things. Spiritual growth does not just happen. God has planned for you to take an active part in the changes He wants to make in your life. You must learn to feed your soul on God’s Word, rest in His promises, avoid things that will destroy your spiritual health, and choose to do what He says will make you strong. If you follow these steps each day, you will discover the “abundant life” God has promised to His children.

This lesson explains more about these four important principles of spiritual growth. As you study it, you will see how you can put them into practice in your own life right now. Wonderful results will follow! Harmful patterns of acting will be replaced by good ones. You will grow day by day into the kind of mature person God wants you to become.

In this lesson you will study . . .

Feed Your Soul Every Day
Rest in the Lord
Keep Spiritually Healthy
Exercise Your Spiritual Muscles

This lesson will help you to . . .

• Grow spiritually.
• Overcome discouragement and worry.
• Maintain your spiritual health.
• Serve God better.
FEED YOUR SOUL EVERY DAY

Objective 1. Choose to feed your soul each day through prayer and the Word of God.

Talking with God feeds your soul. God speaks to you through His Word, and you speak to Him in prayer.

Matthew 4:4. But Jesus answered, “The scripture says, ‘Man cannot live on bread alone, but needs every word that God speaks.’”

1 Peter 2:2. Be like newborn babies, always thirsty for the pure spiritual milk, so that by drinking it you may grow up and be saved.

The Word of God, the Bible, is the spiritual milk that you must drink often.

Does the Bible seem hard for you to understand? Before you start reading it each day, ask the Lord to make it clear to you. Ask older Christians or your pastor any questions you may have about it.

Take advantage of every opportunity to receive Bible teaching in Sunday school, other church services, and special courses like this one. You can also feed your soul with gospel literature.

Do you want to grow rapidly in the Lord? Eat well. You should read at least one chapter a day from the New Testament. This part of the Bible tells us about our Lord Jesus Christ and teaches us how we ought to live. It is good to learn some of the verses that you especially like. In this way you develop an appetite for the Word of God.

Psalm 119:97, 103. How I love your law! I think about it all day long. How sweet is the taste of your instructions—sweeter even than honey!

For You To Do

1  Following are listed several activities. Choose those that will help you grow spiritually.
   a  Reading Christian literature
   b  Arguing with others about religion
   c  Doing penance and religious rituals
   d  Studying the Bible and praying to God

2  Will you sign this promise? Lord, with Your help I will try to read some of Your Word every day of my life. When I cannot read it, I will quote portions of it from memory or ask someone to read it to me. I will feed my soul on Your Word.

Signed ....................................................................
Date ........................................................................

REST IN THE LORD

Objective 2. State how you can overcome feelings of weakness, fear, and discouragement.
Do you feel too weak to do what the Lord wants you to do? You can’t go to heaven by your own efforts to be good or because of any good works that you have done. You are on your way there because you are a child of God and your heavenly Father is leading you. He will take care of you. Let your faith rest in His promises.

Have your first steps with the Lord been unsteady? Have you stumbled and fallen and felt that it’s no use trying? Take courage, because your Father, who gave you this new life, is holding your hand and will lift you up again. Rest in His presence. Commit yourself each day to God in prayer, confessing your own weakness and asking Him to give you the strength you need to overcome every temptation.

Isaiah 40:31. But those who trust in the Lord for help will find their strength renewed. They will rise on wings like eagles; they will run and not get weary; they will walk and not grow weak.

Do some of the problems of life bother you? Are you afraid? Do you feel discouraged because you are overworked? You need to rest in the Lord so that worry, discouragement, and fear will not slow or stop your spiritual growth.

Do you know how to get this rest? Have faith. Believe what God has promised and look to Him instead of looking at your problems. This is faith. Here is what Jesus said.

Matthew 11:28. “Come to me, all of you who are tired from carrying heavy loads, and I will give you rest.”

Matthew 6:31-33. “So do not start worrying: ‘Where will my food come from? or my drink? or my clothes?’ (These are the things the pagans are always concerned about.) Your Father in heaven knows that you need all these things. Instead, be concerned above everything else with the Kingdom of God and with what He requires of you, and He will provide you with all these other things.”

Taking time for Bible reading and prayer every day will help you reach this place of rest in God. As you pray, put every problem in the Lord’s hands and leave it there, believing He will do what is best.

For You To Do

3 Memorize Isaiah 40:31. This verse says that those who find their strength renewed are those who
4  Read three times Matthew 11:28 and Matthew 6:31-33.

5  Is there something you are worrying about right now? Ask God to help you give it to Him so you can be free to serve Him and His kingdom instead.

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**KEEP SPIRITUALLY HEALTHY**

**Objective 3.** *Take steps to keep yourself spiritually healthy.*

**Avoid Disease: Stay Clean**

Just like a mother tries to keep her children clean and protects them from things that would make them sick, the Lord wants to keep you away from things that would make your soul sick. When He saved you, He washed away your sins and gave you a clean heart. It’s very important to keep it that way if you want to be spiritually healthy.

Let the Lord walk with you and be your guide. Stay out of the mud and filth of indecent amusements and immoral living. Don’t go where the Lord wouldn’t go. Keep clean in your thoughts, words, and actions.

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**For You To Do**

6  God wants you to avoid indecent amusements and immoral practices because He doesn’t want you to
a) become spiritually weak and sick.
b) relax and enjoy life.
c) spend time with unbelievers.

Matthew 5:8. “Happy are the pure in heart; they will see God.”

What you think about is important! If you let your mind dwell on unclean thoughts, they will infect your soul, weaken your will, and cause you to fall into sin.

You can ask God to stop you from actually doing things that are against His will. However, your responsibility doesn’t end there. If you want to please Him, you must also stop thinking about doing such things. Ask God to help you shut out bad thoughts. Don’t read books, look at pictures, or listen to stories that are indecent and immoral.

How can you control your thoughts? You must take positive steps to keep them pure. Here’s what the Bible says:

Philippians 4:8. Fill your mind with those things that are good and that deserve praise: things that are true, noble, right, pure, lovely, and honorable.

Make this verse your daily prayer:

Psalm 19:14. May my words and my thoughts be acceptable to you, O Lord, my refuge and my redeemer!
7 Circle the letter before each TRUE statement.
   a Thoughts can be controlled with God’s help.
   b Bad thoughts are impossible to control.
   c The Bible tells us to fill our minds with good thoughts.
   d A person who is a Christian never thinks bad thoughts.
   e The only step you must take to control your thoughts is to ask God to take bad thoughts away.

8 Perhaps you struggle with bad thoughts. Review the steps you need to take. Underline each one that you will begin doing now.

   I will ask for God’s help.
   I will meditate on God’s Word, the Bible.
   I will fill my mind with good things.
   I will avoid books, pictures, and stories that are evil and immoral.

   It is easier to give yourself completely to the Lord than it is to serve Him halfheartedly. Don’t play with sin. Get rid of anything in your life that would make you spiritually sick.

   1 John 1:7, 9. But if we live in the light—just as he is in the light—then we have fellowship with one another, and the blood of Jesus, his Son, purifies us from every sin. . . . If we confess our sins to God . . . he will forgive us our sins and purify us from all our wrongdoing.

   The blood of Jesus washes us clean from our sinful acts and our sinful thoughts.

Avoid Disease: Don’t Take Poison

   Certain attitudes or feelings are deadly poison for both soul and body. Anger, worry, envy, hatred, suspicion, fear, resentment, and impatience can cause bad digestion, ulcers, heart trouble, and other diseases. They choke our spiritual life too and cause all kinds of trouble. Pride, selfishness, unbelief, and stubbornness are also spiritual poison. They take away a Christian’s joy and leave the soul weak, sickly, and unhappy. Every morning ask God to keep you from taking any of this poison during the day.

   If you ever feel weak and sick spiritually, remember that Jesus is the Great Physician. Go to Him sincerely in prayer, and He will give you spiritual, mental, and physical health.

9 Listed below are some poisons you must keep out of your mind. Underline any that are a problem for you, and ask God to help you stop taking them.

   Anger   Hatred   Resentment
   Worry   Suspicion   Impatience
   Envy   Fear
EXERCISE YOUR SPIRITUAL MUSCLES

Objective 4. Describe what you can do to strengthen your spiritual life.

The body is strengthened by exercise, and the soul is strengthened by working for God. From the first day of your new life, there are several things you can do to show your gratitude to the Lord for His salvation. As you grow spiritually and learn more of His Word, the Lord will give you more opportunities and responsibilities in His work.

Some of these spiritual exercises are telling others about Jesus, praying for them, and inviting them to church. Taking part in church and fighting against sin will help you grow spiritually.

10 Describe something you can do this week to make your spiritual life stronger.

1 Corinthians 15:58. Keep busy always in your work for the Lord, since you know that nothing you do in the Lord’s service is ever useless.

Check Your Answers

6 a) become spiritually weak and sick.
1 Activities a and d will help you grow spiritually.
7 Statements a and c are true.
3 trust in God.
When we were children, we did the things that children do. We played games and explored our surroundings. We liked to run, jump, and play. Our responsibilities were few, because our parents cared for us.

But life changed when we became adults. We began to take care of ourselves. We formed our own families and began to provide for them. What we did in our spare time also changed. As our interests and skills developed, so did our activities.

A similar kind of change is taking place in your life right now. Your spiritual life is unfolding. As you “grow up” in Christ, new interests replace old ones. There are also new responsibilities—ones that can bring you new kinds of rewards and satisfactions. In this lesson we will look at these special changes and activities. You will discover that other people also share your new interests!

In this lesson you will study . . .

New Interests
New Activities
New Testimony
New Partnership

This lesson will help you to . . .

• Discover new activities that match the new interests you have.
• Join with others who have the same new interests that you have.
• Share your faith in Christ with your neighbors and friends.
• Accept responsibilities that will bring you new kinds of rewards.
NEW INTERESTS

Objective 1. Identify the new interests you have.

How Do You Spend Your Time?

Of course you have to spend a certain number of hours each day working, eating, and sleeping; but how do you spend the rest of your time? What people do in their free time depends on what they and their families are most interested in. Some work all the time, and others play. Some go to church and take part in its work; others “don’t have time for that.” You probably don’t have enough time to do everything that you would like to do, but somehow you manage to find time for the things that interest you most.

For You To Do

1. What people do in their free time is usually determined by
   a) how much time they have.
   b) their main interests.
   c) the opinions of others.

When Your Interests Change

You don’t play the same games that you liked when you were a little child, because you are busy doing something that interests you more now. When your interests change, so do your activities.

Your old friends may be surprised that you are no longer interested in “having a good time” with them in things that would harm your health or hurt your soul. They don’t understand that you have entered a life of deeper enjoyment, full of worthwhile, satisfying activities.

Should you go back to the things that you know can’t satisfy? Ask the man who is eating spoiled scraps from a garbage heap and then is invited to eat at a rich friend’s table every day. Would he go back to the garbage dump?

For You To Do

2. Describe a new interest that you have since you accepted Jesus as your Savior.

3. Describe something difficult that you do now that you didn’t do before you accepted Jesus.

A Different Purpose

As a child of God, you have new interests. These will lead you into group activities and personal responsibilities. You will still do many of the things that you used to do—working, eating, sleeping, and taking care of home duties—but your real life will center around your new interests.

Above all, when you love a person, you want to be with him and please him. Now that you love God, you will want to spend time with Him and please Him in all you do.
4 The different purpose you have as a child of God is to
   a) try to make more money.
   b) enjoy yourself and the good things of life.
   c) spend time with your heavenly Father.

   We are intensely interested in our Father’s kingdom and what He is doing on earth. He is at work
now, bringing men and women to himself through the preaching of the good news about Jesus. He
is building His church, and He has called us to work with Him. What a privilege!

5 We have a part in what God is doing in the world today by
   a) explaining the way of salvation to others.
   b) ruling over those who are not Christians.
   c) doing many religious rituals and ceremonies.

NEW ACTIVITIES

Objective 2. Discover activities that are in harmony with the new interests you have.

   Your new interests in God’s kingdom will keep you busy and happy. Here are some activities that
will give new purpose and meaning to your life.

Church Attendance

   God’s plan is for each Christian to become a member of a local church community. In keeping
with this plan, Christians who live near each other meet together regularly to worship God, encourage
each other, study the Bible, and share their faith with people who need to know about Jesus Christ.
This is how they help each other do the work that God has given them to do.

   These meetings, or church services, may be held in someone’s home or in a building dedicated to
God for this purpose. You will want to attend these services as often as you can and take your friends
with you to hear the gospel. You will enjoy the fellowship with your brothers and sisters in Christ
and, most of all, the presence of the Lord as you meet with Him in these services.

   As soon as possible, you will want to become a member of a church that serves God and preaches
the gospel. Take part in its program, and enjoy its advantages and blessings. These lessons will help
you become a good member.
6 The paragraphs you have just read describe four activities that Christians do when they meet together. In the following list, one of these activities is missing. Write it in the space provided.
   a) Listening to messages from the Bible
   b) Praising God and thanking Him
   c) Witnessing about their faith
   d) .................................................................

   What would happen if someday the pastor, or another Christian, should unintentionally offend you by something he says? When one child hurts another’s feelings in a family, the children don’t usually leave home over it. But when this happens in church, some Christians say: “He has offended me. I’m not going back to church anymore. I’ll just worship the Lord here at home.” Be careful! That is a favorite trick that the devil uses to weaken a Christian and separate him or her from the Lord.

   Remember that your Father expects His children to meet with Him in His house. The building may be humble, and you may not agree with the way everything is done; but you need to meet with your brothers and sisters in Christ at your Father’s table to receive the food that you need for your soul.

   Hebrews 10:25. Let us not give up the habit of meeting together, as some are doing. Instead, let us encourage one another.

For You To Do

7 If the pastor says something that offends you, you should
   a) quit going to church or find another church.
   b) tell others that he is not a good pastor.
   c) forgive him and keep attending the services.

8 A person who says, “I don’t need to meet with other Christians,” should be reminded of the instructions the Bible gives in

   ..................................................................................

Bible Reading

   We have already mentioned the importance of reading the Bible every day. Can you get the other members of your family to join with you daily for Bible reading and prayer? We call this a family altar, or family devotions. Having family devotions each day will be a real blessing to your home. The truth from God’s Word that you share will guide you and strengthen you for the day. When you meet, you can take time to pray together for the needs of each person in your family.
Perhaps you want to begin having family devotions. Circle the letter before each phrase that describes what you will do.

a. Meet at home each day.
b. Share needs and ask God for help.
c. Include only the older children.
d. Meet at the church once a week.
e. Encourage each person to pray.
f. Read from the Bible.
g. Thank God for His blessings.

**Prayer: When to Pray**

Prayer is one of the most important things that a Christian can do. When you pray and God answers, you are working together with God. So take time to pray.

- When you awake in the morning, begin the day with God and you will receive physical, moral, and spiritual strength for the problems of the day.
- Thank God for your food before eating.

- Have family devotions either in the morning or at night.
- Take advantage of the times of prayer during church services and when you arrive before the service begins. God says, “My house shall be called the house of prayer.”
- Lift your hearts to God at any time, thanking Him for His blessings or asking for His help. You don’t always have to speak words when you talk to your Father this way; He knows your thoughts.
- Before you go to bed at night, thank God for His care during the day. Ask His forgiveness for anything wrong that you have done, and entrust yourself to His care for the night.

Use the list you have just read as a guide for prayer. Put a mark beside each of the suggested times for prayer that you want to add to what you are now doing.
Prayer: How to Pray

You may be saying to yourself, “But I don’t know how to pray.” It isn’t hard. Just talk to God like you would to a friend. The Holy Spirit will help you.

Think about all that God has done for you, and thank Him for His blessings. Ask Him for your needs and those of your loved ones. Pray for the salvation of your friends and relatives. Pray for your pastor, your church, your brothers and sisters in Christ, and for God’s work all over the world. Pray for new converts and their problems. Pray for your country. Just begin to pray, and you will soon learn how.

Jesus gave us a model that you may memorize and use in your prayers.

The Lord’s Prayer

Our Father which art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done in earth,
   as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
   as we forgive our debtors.
And lead us not into temptation,
   but deliver us from evil:
For thine is the kingdom,
   and the power, and the glory, for ever.
Amen.

—Matthew 6:9-13, KJV

For You To Do

11 Memorize the Lord’s Prayer.

NEW TESTIMONY

Objective 3. Choose to tell others about your faith in Jesus Christ.

Witnessing

This means to tell others what God has done for you. You can do this at home, on the street, in church services, or even by letter. Just as others spoke to you about Christ, you can speak to your friends and relatives. Pray for them to accept the Lord and not go to hell.

The Bible stresses the need of declaring publicly our faith in Christ, to let others know He is our Savior. Christ said, “You may be witnesses for me.” If you need courage, ask God for it, and He will give it to you. Thousands of people have been afraid to testify just as you may be now, but they have conquered their fear and found a great blessing and new strength in witnessing for Christ. The Lord Jesus said:

Matthew 10:32. “If anyone declares publicly that he belongs to me, I will do the same for him before my Father in heaven.”
Mark 8:38. “If a person is ashamed of me and of my teaching in this godless and wicked day, then the Son of Man will be ashamed of him when he comes in the glory of his Father with the holy angels.”

For You To Do

12 Following is a list of people you probably see often. Pray for them and ask God to help you share with them what Jesus has done for you.

a. Your family and your relatives
b. People with whom you work
c. Your friends
d. Your neighbors
e. Merchants in your community

Singing to the Lord

The ability to sing and make music is one of God’s wonderful gifts to people. At home or at church, your songs will help, encourage, and bless you and others. It doesn’t matter if your voice isn’t very good for singing; what does matter is that you praise God from your heart.

Colossians 3:16. Sing psalms, hymns, and sacred songs; sing to God with thanksgiving in your hearts.

13 For a person to sing, the most important thing is for him or her to

a) have a pleasing voice.
b) be able to sing in front of others.
c) sing from the heart to glorify God.

NEW PARTNERSHIP

Objective 4. Identify ways you can be a partner with God.

Preaching the Gospel

This is a very important activity of the church. Some are called to give their full time to this work. God gives them the responsibility of being pastors, evangelists, and missionaries.

Giving

Our Father is generous to everyone. As His children we must learn to act the way He does. This is the most important reason why we give. Giving to others is one way of showing that we belong to Him. The money we give in church offerings helps many people. Some goes to brothers and sisters who need clothing. Some goes to support the pastor so he can give all of his time to his duties as a minister. Some goes to pay practical expenses of the church such as lights, water, and maintenance.

Our money can also be used to buy Bibles, hymnbooks, and Christian literature. It can be used to pay for evangelistic radio and television programs. God has given His children the important work of telling others about salvation. By giving our money, we have a part in doing this important work.

The Bible describes a pattern of giving one-tenth (called the “tithe”) to the work of God. Many Christians follow this as a guide. They recognize that all they have comes from God, including the
strength to earn money. In turn, they give back to God one day’s wages out of every ten. What they earn on that tenth day goes to support the church as it preaches the gospel. On that day, they are “preaching the gospel.”

Christians who give generously discover the joy of becoming partners with God. At the same time, they find that their own needs are met. You can make these wonderful discoveries for yourself!

Jesus said these words:

Luke 6:38. “Give to others, and God will give to you. . . . You will receive a generous helping . . . all that you can hold.”

Your giving brings three kinds of blessings:

- Spiritual blessing. You become the kind of person God plans for you to become—generous to others.
- Satisfaction. You are glad to be a dependable member of God’s family, carrying your share of the load.
- Security. God has promised to meet all your needs. As you obey Him, you can depend on Him to take care of you. Thousands of Christians can tell you from experience that God has never failed them.

Malachi 3:10. “Bring the full amount of your tithes to the Temple, . . . Put me to the test and you will see that I will open the windows of heaven and pour out on you in abundance all kinds of good things.”

2 Corinthians 9:7. God loves the one who gives gladly.

For You To Do

14 Following are four statements about giving. Which one gives the most important reason why Christians should give?
  a) God is generous and gives good things to everyone.
  b) Those who give will have their own needs met.
  c) The tithe is one-tenth of God’s earnings.
  d) The Old Testament mentions tithing several times.

Helping in Any Way You Can

Whatever work you do for the Lord will help you grow spiritually, from sweeping the chapel to holding a neighborhood service for a Sunday school in your home. Ask your pastor what you can do for the Lord.

Taking Part in Church Organization

There are several organizations in the church. Sunday school is for everyone. There you can be a faithful member of one of the classes and study God’s Word systematically. Don’t miss this opportunity. The men, women, young people, and children all have their own organizations. In their meetings they worship the Lord and carry out different projects for Him. Join one of these groups. You will receive a warm welcome and will enjoy its activities. These groups try to reach, teach, and help those who need it. Although one person can do very little, God working through the united forces of His children will carry His cause forward in this world.
Here are some ways people take part in the church. Circle the letter before any you think you would like to do. Offer your services to the pastor or the leaders.

a Collecting or counting the offerings
b Caring for young children during worship services
c Visiting the sick and praying for them
d Helping older people come to the services
e Talking with those who have questions about what Christians believe
f Taking care of the church building and grounds
g Giving practical help to members who are in need

Too Many Activities?

Don’t worry if you can’t spend as much time in these activities as some people can. The Lord understands all about it, and He will help you do what you can.

You will enjoy these activities of your new life. It will be satisfying to know that you are helping others to escape eternal punishment and find eternal life. And for everything that you do for the Lord now, He will richly reward you in the world to come.

Now that you have completed the first unit, you are ready to answer the questions in your Student Report for Unit One. Review the previous lessons, then follow the instructions in your student report. Send your answer sheet to the address given on the copyright page of your study guide.

Check Your Answers

7 c) forgive him and keep attending services.
1 b) their main interests.
8 Hebrews 10:25.
4 c) spend time with your heavenly Father.
9 Phrases a, b, e, f, and g describe what you should do when you have family devotions.
5 a) explaining the way of salvation to others.
13 c) sing from the heart to glorify God.
6 d) An answer such as “encouraging each other” would be correct.
14 a) God is generous and gives good things to everyone.
In order to live together, people must follow certain rules or *standards*. Think about a family with several children. What would happen if the older ones were allowed to make noise all night? No one would get any rest. Standards are needed. Now that you are a Christian, you belong to a new family. You need new standards.

Standards are also needed if a person wants to reach a special goal. Athletes, for example, follow the instructions of their coach. They do some things, but there are other things they don’t do. Their purpose is to develop skill and strength so they can win the prize. Now that you are a Christian, you have a new, special goal. That goal is to become all that your heavenly Father wants you to be. This is another reason why you need standards.

Your heavenly Father plans for you to be part of His family and reach the goals He has for your life. This lesson explains the new standards He has given to help you. Following them will bring you many benefits.

**In this lesson you will study . . .**

- Who Sets the Standards?
- Where Can You Find the Standards?
- How Can You Meet the Standards?
- Standards for Success

**This lesson will help you to . . .**

- Describe the standards God has for you.
- Explain how you can meet God’s standards.
- State the results that will come by meeting God’s standards.
WHO SETS THE STANDARDS?

Objective 1. Identify the person who gives you the standards you need for your new life.

In a home the parents set the standards. They let the children know how they should behave. The parents tell the children what they can do and what they can’t do.

The children soon learn that they must live by these standards. When they break the rules, their parents correct them. If they stubbornly refuse to obey, the parents may have to discipline them. They are still members of the family, but their disobedience brings them problems and suffering.

Our heavenly Father sets the standards for what His children should do and what they shouldn’t do. Sometimes He, too, has to discipline His children to teach them to be good and obedient.

For You To Do

1. The standards in a well-ordered home are set by the
   a) children.
   b) neighbors.
   c) parents.

2. The right to say how we should behave as Christians belongs to
   a) our heavenly Father.
   b) the culture in which we live.
   c) us.

WHERE CAN YOU FIND THE STANDARDS?

Objective 2. Describe some of the standards for your new life.

We discover a person’s standard by watching how he or she acts. How do we find out the standards of a Christian? The answer is simple yet profound. We discover the standards of a Christian by watching how Jesus Christ lived. The Bible gives us the record of His life. He is our perfect example and pattern for living.

We also discover Christian standards by studying what Jesus said about them. In the great “Sermon on the Mount” (Matthew 5, 6, and 7), Jesus described the standards of a Christian. These were His own standards. By His power working in us, they can become ours.

Jesus began His sermon by telling about the special blessings God gives to those who follow His standards. He continued with many other important teachings. Here are some of the things He said:

The Sermon on the Mount

Matthew 5, 6, 7

Happy are those who know they are spiritually poor;
the Kingdom of heaven belongs to them!
Happy are those who mourn;
God will comfort them!
Happy are those who are humble; they will receive what God has promised!
Happy are those whose greatest desire is to do what God requires; God will satisfy them fully!
Happy are those who are merciful to others; God will be merciful to them!
Happy are those who are pure in heart; they will see God!
Happy are those who work for peace; God will call them His children!
Happy are those who are persecuted because they do what God requires; the Kingdom of heaven belongs to them!

You are like light for the whole world. . . . your light must shine before people, so that they will see the good things you do and praise your Father in heaven.

You have heard that it was said, “An eye for an eye, and a tooth for a tooth.” But now I tell you: do not take revenge on someone who wrongs you.

You have heard that it was said, “Love your friends, hate your enemies.” But now I tell you: love your enemies and pray for those who persecute you, so that you may become the sons of your Father in heaven.

Do not store up riches for yourselves here on earth, where moths and rust destroy, and robbers break in and steal. Instead, store up riches for yourselves in heaven, where moths and rust cannot destroy, and robbers cannot break in and steal. For your heart will always be where your riches are.

So do not start worrying: “Where will my food come from? or my drink? or my clothes?” . . . Your Father in heaven knows that you need all these things. Instead, be concerned above everything else with the Kingdom of God and with what he requires of you, and he will provide you with all these other things.

For You To Do

3 The perfect pattern for your new life is found in
a) your pastor.
b) the saints of the church.
c) Jesus Christ.
d) other Christians.
Following are several opinions. Circle the letter in front of each one that matches the techniques Jesus gave in the verses you have read from the “Sermon on the Mount.”

a  “If another Christian is in need, I should help him and not keep all of my money for myself.”

b  “If someone says lies about me, I have a right to hate that person.”

c  “If someone tries to rob me, I have a right to hit that person and injure him.”

d  “If I lose my job because I have become a Christian, I can be happy because God still cares for me.”

e  “If my parents or friends reject me because I have become a Christian, I should be angry at them and hate them.”

Jesus gave us a basic principle on how to treat others. Many people have called it the “Golden Rule.”

“Do for others what you want them to do for you.”

Matthew 7:12

Matthew 7:12. “Do for others what you want them to do for you.”

Certainly we would all agree that people should not act badly toward others. Many religious leaders have said this. But the Golden Rule goes much further! Jesus is saying that we should actively do good to others. We should be the first to treat them the way we ourselves would like to be treated.

We should not be proud, selfish, quarrelsome, or critical. We should not give place even in our thoughts to illicit love affairs or evil passions.

Our first interest should be to please God and do what He wants us to do. We can’t make earthly riches our goal and serve God at the same time; but if we put Him first, He will see to it that all our needs are met. Besides, whatever we do for Him will be rewarded in heaven with riches that will last forever.

5  Those who obey the Golden Rule most closely are those who
a) wait for others to do good to them, then do something good for them in return.

b) look for ways to do good to others, and do for them what they themselves would like.

6  Are there some ways of acting that do not match the teachings of Jesus? Underline each phrase that states a change you would like to make.

a  Forgive people who have mistreated you.

b  Give generously to those in need.

c  Pray for those who reject you because you have become a Christian.

d  Think of good things to do for others and do them.

e  Work for peace in your family and community.
HOW CAN YOU MEET THE STANDARDS?

Objective 3. State how you can meet the standards God has given for your new life.

Jesus knew that nobody would be able to follow these rules unless he or she had God’s help. So He taught His disciples to pray to their heavenly Father and ask Him to help them. In Lesson 5, you studied the model prayer He gave them, which we call “The Lord’s Prayer.” What kind of help does God give you?

Many times we see children who look or act just like their parents. They do because they share the same life. In the same way, we can be like our heavenly Father because we share His life. How? Here is a wonderful fact. Your Father has sent His Holy Spirit to live in you. This is how He has shared His own life with you! You will study more about this in the next lesson. Don’t worry about trying to live up to what God expects of you. He will help you.

For You To Do

7 Review “The Lord’s Prayer” in Lesson 5. In this model prayer, Jesus taught us to pray to
a) the saints.
b) God, our heavenly Father.
c) our ancestors.

STANDARDS FOR SUCCESS

Objective 4. Choose a description of successful living.

Jesus lets us know that His instructions are the pattern for a successful life. Our life is like a building. Our thoughts, words, and actions are all bricks in this building. As we line them all up on the foundation of His teaching, we will have a character that can stand the tests or storms of life.

Whoever lives as he or she pleases, without following the standards Jesus has given, will be a failure like a house built on the sand without a foundation. That person won’t be able to stand when the storms come.

If you want to be a successful Christian, build your life on Christ’s teaching and follow His standards. The Holy Spirit will help you do it.

For You To Do

8 Jesus teaches us that true success will come if we
a) build our lives on His teachings.
b) know what He said about happiness.
c) repeat many prayers every day.
d) memorize everything He said.
4 Opinions a and d match Jesus’ sermon.
1 c) parents.
5 b) look for ways to do good to others, and do for them what they themselves would like.
2 a) our heavenly Father.
7 b) God, our heavenly Father.
3 c) Jesus Christ.
8 a) build our lives on His teachings.
Lesson 7

You Have a Helper

By now you may be saying to yourself: “This Christian life all looks too hard for me. I don’t know if I can live it. There are so many things to do! I can’t even remember them all—much less do them.”

Don’t be discouraged. God never intended for you to be a Christian without His help. In fact, God has come to actually live in you by the power of His Holy Spirit. You are not alone!

Some people think that becoming a Christian is just learning a new set of rules. They are wrong. The Christian life isn’t a set of rules that you must keep. It doesn’t depend on your struggles to be good. It is a new life from God springing up inside you and flowing out from you.

As you let the Holy Spirit guide, you will discover that you can learn how to keep the standards God has given you. The Holy Spirit will give you power to turn away from evil and choose what is right. Day by day, you will grow more like your heavenly Father.

Yes, you have a wonderful Helper! This lesson will explain who He is and how He helps you.

In this lesson you will study . . .

The Holy Spirit Is Your Helper
The Fruit of the Holy Spirit
Walking in the Holy Spirit
The Power of the Holy Spirit in You
The Gifts of the Holy Spirit

This lesson will help you to . . .

• Explain the help God gives you to live for Him.
• Describe the different ways in which the Holy Spirit works in your life.
• Experience personally the power of the Holy Spirit.
THE HOLY SPIRIT IS YOUR HELPER

Objective 1. Identify the reason why God sends the Holy Spirit to help you.

Through the life and death of Jesus Christ, God provided everything for your salvation. He has also provided all you need to live your new life. He has done this by sending His Holy Spirit.

The Holy Spirit can be everywhere at once. When Jesus was on earth, He could be in only one place at a time. When He went back to heaven, He sent the Holy Spirit to be with all the Christians in order to live in us, guide us, and help us with our problems.

John 14:16, 26. “I will ask the Father, and he will give you another Helper, who will stay with you forever. The Helper, the Holy Spirit, whom the Father will send in my name, will teach you everything and make you remember all that I have told you.”

For You To Do

1 The Helper God has sent to be with you all the time is the
   a) pastor of your church.
   b) Holy Spirit.
   c) priest in your neighborhood.

2 The Christian life is
   a) a set of rules you must obey.
   b) your constant struggle to be good.
   c) trying hard to be perfect like Christ.
   d) the Holy Spirit living in you.

3 God’s purpose in sending the Holy Spirit is to
   a) live in you, guide you, and help you.
   b) take Jesus’ place on earth.
   c) be everywhere at once.

THE FRUIT OF THE HOLY SPIRIT

Objective 2. Describe the fruit of the Spirit.

The presence of the Holy Spirit in your life produces results that are called the fruit of the Spirit. He gives you the desire to do the right thing, and then He gives you the strength to do it. As you let Him lead and help you this way, He develops in you a wonderful Christian character. Your good attitudes, speech, and actions show that you are a child of God. Your family and friends will enjoy being around you, but most of all, this fruit of the Spirit will please your heavenly Father.
Galatians 5:22-23. But the Spirit produces love, joy, peace, patience, kindness, goodness, faithfulness, humility, and self-control.

John 15:8. “My Father’s glory is shown by your bearing much fruit.”

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For You To Do

4 The “fruit” of the Holy Spirit means the
   a) people who hear the gospel message of Jesus Christ.
   b) spiritual truths we find in the Bible.
   c) good qualities of character produced by the Spirit.

5 Read Galatians 5:22-23 several times.

WALKING IN THE HOLY SPIRIT

Objective 3. Identify an example of “walking in the Spirit.”

It is natural for us to want to have our own way. This is a tendency of human nature. We want to do as we please instead of what we know we ought to do. This is why we need to listen to the inner voice of the Holy Spirit as He urges us to do God’s will and shows us the way.

Galatians 5:16, 25. Let the Spirit direct your lives, and you will not satisfy the desires of the human nature. The Spirit has given us life; he must also control our lives.

God’s Spirit will direct and strengthen you, but He won’t carry you up the road to heaven. You must walk on your own two feet. You must cooperate with the Holy Spirit and let Him guide you. This is what the Bible sometimes calls “walking in the Spirit.” You are already doing this as you read your Bible and put into practice what it teaches.

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For You To Do

6 In Galatians 5:16, the “desires of the human nature” are those desires which lead us to
   a) think only of ourselves and what we want.
   b) provide for the physical needs of our families.
   c) improve our homes and surroundings.

7 Following are descriptions of three people. Which one is “walking in the Spirit”?
   a) Fred prays to be forgiven of his sins and to receive salvation through Jesus Christ.
   b) Marta spends several hours at the church each day waiting for God to show her exactly what to do.
   c) Hans obeys an inner voice that urges him to be patient with his children instead of angry at them.

THE POWER OF THE HOLY SPIRIT IN YOU


Jesus knew that His followers would need a power greater than their own to do the work that had to be done for God. So He told them to wait until they were filled with the Holy Spirit in order to receive power to be His witnesses in all the world.
Acts 1:4-5, 8. “Wait for the gift I told you about, the gift my Father promised. John baptized with water, but in a few days you will be baptized with the Holy Spirit. . . . When the Holy Spirit comes upon you, you will be filled with power, and you will be witnesses for me in Jerusalem, in all of Judea and Samaria, and to the ends of the earth.”

John the Baptist said of Jesus:


The book of Acts gives us the thrilling story of how God fulfilled this promise on the Day of Pentecost and of the wonderful results afterwards.

Acts 2:4-5, 7, 11. They were all filled with the Holy Spirit and began to talk in other languages, as the Spirit enabled them to speak. There were Jews living in Jerusalem, religious men who had come from every country in the world. In amazement and wonder they exclaimed, “These people who are talking like this are Galileans! . . . Yet all of us hear them speaking in our own languages about the great things that God has done!”

This baptism in the Holy Spirit, or infilling of the Holy Spirit, is also called the Pentecostal experience because it first occurred on the Day of Pentecost. When a person speaking under the power of the Holy Spirit uses a language that he or she doesn’t know, we sometimes call it glossalalia. This Greek word means “speaking in tongues.” We also call it a charismatic experience, from charisma, which means “gift.” This means that it is a gift of the Holy Spirit and a supernatural experience.

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For You To Do

8 The “baptism” or “infilling” of the Holy Spirit refers to the experience of
a) being baptized by immersion in water.
b) bearing fruit according to Galatians 5:22-23.
c) joining in the membership of a local church.
d) speaking in tongues as described in Acts 2:4.

9 On the Day of Pentecost, the Holy Spirit gave the disciples the power to speak languages that
a) no one knew.
b) they did not know.
c) had no meaning.
d) they knew.

Speaking in tongues was the sign that the Holy Spirit had come. But that was just the beginning. Jesus promised that the Holy Spirit would give us power. This power is for two purposes:

- To help us tell others about Jesus.
- To help us pray more effectively.

As Christians witness and pray in the power of the Holy Spirit, wonderful things take place in answer to prayer, and many souls turn to the Lord.

Acts 2:14, 41. Then Peter stood up with the other eleven apostles and in a loud voice began to speak to the crowd. . . . Many of them believed his message and were baptized, and about three thousand were added to the group that day.
Acts 4:31. They were all filled with the Holy Spirit and began to proclaim God’s message with boldness.

For You To Do

10 The main purpose of the baptism of the Holy Spirit is to give Christians power to
a) witness and pray effectively.
b) earn their salvation.
c) do miracles of healing.

This same power is for Christians today. Since the beginning of the twentieth century, several million people, in churches of different denominations all over the world, have enjoyed this Pentecostal experience in a baptism of power.

Acts 2:38-39. “Each one of you must turn away from his sins and be baptized in the name of Jesus Christ, so that your sins will be forgiven; and you will receive God’s gift, the Holy Spirit. For God’s promise was made to you and your children, and to all who are far away—all whom the Lord our God calls to himself.”

For You To Do

11 Do you want this power of the Holy Spirit in your life? ....................
 Would you like to have the fire of God burning in your soul so that it will be easy to tell others
 about the Lord? ..................

Do you want to pray more effectively? .................

This wonderful Pentecostal experience is for you. Ask God to baptize you with the Holy Spirit.

THE GIFTS OF THE HOLY SPIRIT

Objective 5. Identify truths about the gifts of the Holy Spirit.

As you have just read in Acts 2:38-39, the Holy Spirit himself is called a “gift.” This word also points to the abilities that He gives to Christians. They are called the “gifts” of the Holy Spirit. Christ wants His church to be full of spiritual power, so the Holy Spirit gives special abilities to its different members. In this way each person may have a part in the work and growth of the church.

1 Corinthians 12:4, 7, 11. There are different kinds of spiritual gifts, but the same Spirit gives them. The Spirit’s presence is shown in some way in each person for the good of all. . . . As he wishes, he [the Holy Spirit] gives a different gift to each person.
For You To Do

12 Following are several statements about the gifts of the Holy Spirit. Circle the letter before each one that is TRUE.
   a All Christians have the same gifts.
   b Church leaders decide who will have which gift of the Holy Spirit.
   c A gift is given to one person, but all benefit when the gift is used.
   d All Christians can serve the Lord because all have a gift from the Holy Spirit.

13 Pray that God will continue the Pentecostal revival all over the world.

14 Ask the Holy Spirit to give you the gift of service that He wants you to have. Pray that He will give His gifts to the other members of your church.

√

Check Your Answers

7 c) Hans
   1 b) Holy Spirit.
   8 d) speaking in tongues as described in Acts 2:4.
   2 d) the Holy Spirit living in you.
   9 b) they did not know.
   3 a) live in you, guide you, and help you.
   10 a) witness and pray effectively.
   4 c) good qualities of character produced by the Spirit.
   12 Statements c and d are true.
   6 a) think only of ourselves and what we want.
The Bible teaches us that sin, error, and ignorance about God are like darkness. Everyone without Christ gropes along in this darkness—lost, deceived by Satan, and unable to find the way to heaven.

But God loves those in darkness! He sent His Son, Jesus Christ, to be the light of the world. Now that you have received Jesus, your life is full of light. His presence in you is like the flame of a candle or the power that makes a lamp shine. Because He is in you, you are God’s candle, God’s lamp. God wants the goodness and truth of Jesus to shine brightly through your life.

Many are watching you to see if what you say about the power of God is true. Your life shows them how the gospel can change people. What you do, even more than what you say, is a testimony for Jesus.

In this lesson, we will look at some of the rays of light that shine from your life because Jesus lives in you. These rays help convince others that the gospel is true.

In this lesson you will study . . .

Your Life as a Light
Eight Ways to Shine

This lesson will help you to . . .

• Discover eight ways in which your life can be a light to those around you.
• Do things that bring good results in your life.
• Avoid serious problems that are caused by bad actions.

YOUR LIFE AS A LIGHT

Objective 1. Choose to let the life of Jesus shine through you.
You have learned that God sent His Son Jesus Christ to be the Light of the world. He did this because He loves every man and woman. He does not want anyone to be confused and fearful. This is what Jesus said:

**John 8:12.** “I am the light of the world. . . . Whoever follows me will have the light of life and will never walk in darkness.”

Now that you are a Christian, the presence of Jesus Christ, the Light of the world, is in you. If it seems that you live in a dark place, do not be discouraged. God has placed you where you are as a lamp. Your life can show those around you the way to the Savior and heaven.

**Matthew 5:14, 16.** “You are like light for the whole world. . . . Your light must shine before people, so that they will see the good things you do and praise your Father in heaven.”

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**For You To Do**

1. Read John 8:12 several times. Complete this sentence: The person who has the light of life is the person who ..........................................................  
2. Your life can be a light because you  
   a) are talented with brilliant ideas.  
   b) have the presence of Jesus in you.  
   c) attend the meetings of the local church.  
3. Following are several questions. Write your answer to each one in the space provided.  
   a) Do you know anyone whose life has made you want to follow Jesus? ............................  
   b) Do you want to be a lamp for the Lord? ..................  
   c) As a lamp for the Lord, are you willing to let Him take you wherever the darkness is greatest so that your light can shine there? ...............................  
   d) Will you pray each day that the Lord will use your life to show others the way to heaven? ...........................  

People need to hear preaching about Jesus. But they also need to see Christians in action. Your life can be a powerful, living sermon that convinces others of the truth of the gospel. Let us study eight rays of light that can shine from you each day.

**EIGHT WAYS TO SHINE**

**Objective 2.** *Identify practical ways of letting your life be a light to others.*

**Be Honest**

Paying your bills promptly is a good testimony. Christians should be fair and honest in all their business dealings. They should pay back promptly or return in good condition whatever they borrow. They should not take on financial obligations they won’t be able to meet. They should keep their promises.

**Romans 12:17.** If someone has done you wrong, do not repay him with a wrong. Try to do what everyone considers to be good.
Romans 13:7-8. Pay, then, what you owe them; pay them your personal and property taxes, and show respect and honor for them all.

For You To Do

4 Do you have any debts you need to pay? Describe what you will do to make things right.

Talk Like a Child of God

What would people think of God’s power to save if you cursed and swore or told dirty stories? Would your light shine for God if you quarreled, gossiped, criticized others, bragged on yourself, told lies, and used harsh, coarse language?

On the other hand, many people have been convinced of the power of the gospel by the changed talk of those who become Christians.

One of the hardest things for anybody to do is to control his or her tongue. Not only what you say but your very tone of voice can either help draw people to Christ or turn them against Christianity.

James 1:26. Does anyone think he is religious? If he does not control his tongue, his religion is worthless and he deceives himself.

For You To Do

5 Ask yourself these questions: “Does the way I talk make people feel the love of God? Or do I offend people? What changes do I need to make in the things I say?”

6 Each day, ask Jesus to help you talk like a child of God should. Here is a verse from the Bible you can use as a prayer.

Psalm 19:14. May my words and my thoughts be acceptable to you, O Lord, my refuge and my redeemer!

Help Others

If we really “love our neighbors as ourselves,” we will show it in a practical way by helping in any way we can those who need our help. Ask God to show you how you can be a real friend to those who have problems and troubles.

James 1:27. What God the Father considers to be pure and genuine religion is this: to take care of orphans and widows in their suffering and to keep oneself from being corrupted by the world.
Following are listed ways of showing care and concern for others. In the space given, write the names of people you could help in these ways, or describe something else you could do for someone you know.

- Visiting a sick person
- Visiting someone in prison
- Donating food to someone who is unemployed
- Helping someone find a job
- Helping someone get to a church service
- Helping a handicapped person shop or clean
- Making household repairs

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..................................................................................

Act Wisely

1 Thessalonians 5:22. Avoid every kind of evil.

Foolish actions can ruin a person’s influence for God. For example, showing love to our Christian brothers and sisters is a wonderful thing. But we shouldn’t act in ways that give the wrong impression. How do other people interpret what you do? Act wisely. Be a good example in all you do, and your light will shine brightly for God.

Romans 14:16. Do not let what you regard as good get a bad name.

1 Timothy 4:12. Be an example for the believers in your speech, your conduct, your love, faith, and purity.

For You To Do

Suppose you meet a young person who wants to know more about Christianity. This person’s parents are not Christians. The young person asks to meet you late at night to discuss the Bible. In order to act wisely, what should you do? Write your answer in your notebook.
Keep Healthy

A Christian should try to observe the rules of hygiene, setting an example of cleanliness in his or her home, clothing, and person. But cleanliness goes further than that. Your body is the temple of the Holy Spirit; therefore, you ought to keep it clean inside and outside. Your body should not be soiled, weakened, or made sick by any vice or immoral act. Keep your body strong and healthy so that you can work for the Lord.

It is a well-known fact that smoking cigarettes is one of the principal causes of lung cancer and causes many deaths. Also, alcoholism and the use of drugs kills thousands every year. We must not commit suicide, either instantly or gradually, because this would be “destroying God’s temple.”

1 Corinthians 3:16-17. Surely you know that you are God’s temple and that God’s Spirit lives in you! So if anyone destroys God’s temple, God will destroy him. For God’s temple is holy, and you yourselves are His temple.

The Bible prohibits drunkenness. Notice what it commands:

Ephesians 5:18. Do not get drunk with wine, which will only ruin you; instead, be filled with the Spirit.

You can show your reverence for God by treating the body He has given you with respect. Practice habits that lead to good health, and avoid those that bring harm. You will be rewarded in two ways. You will have the physical well-being that comes from treating your body right and the spiritual joy that comes from obeying God.

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For You To Do

9 Following are listed habits that affect your body. Underline those that lead to good health.

- cleanliness
- drug addiction
- drunkenness
- overeating
- proper exercise
- proper rest
- sensible eating
- using tobacco

Jesus came to bring you freedom and well-being in all areas of your life. If you have a problem with any bad habit, talk with your pastor. Ask him and the church to pray for you so that you will get complete victory. Your changed life will be a testimony to others whom you wish to see freed from the chains of sin and vice.

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For You To Do

10 If a Christian is having a hard time getting rid of bad habits, he or she should

a) give up going to church.
b) practice the habits in secret.
c) ask for special prayer.

Behave Modestly

We should be modest in our speech, actions, and appearance. Modesty is the opposite of pride and vanity. If we act like we are better than others and look down on people who do things that
we wouldn’t do, we will drive them away from Christianity instead of winning them for the Lord.

We must realize that we have absolutely no right to be proud about who we are, what we do, or what we have. We don’t deserve a thing that God has done for us or given us. Remember that if it weren’t for His mercy and His work in our lives, we might be the most wretched, horrible sinners that the world has ever known.

Vain, proud people want everyone to notice them. They may call attention to themselves through fashion fads, expensive clothing and jewelry, or by showing off their superior knowledge and abilities. They may try to make people notice them by going against approved customs of dress and conduct. A proud person may even boast of his or her spiritual experience and consecration to the Lord. Modest people are not like that. They don’t try to call attention to themselves. A modest Christian avoids styles that are extreme, indecent, or in bad taste for the children of the Lord.

Several passages in the Bible urge modesty and warn against vanity. All of us have a desire to look nice, and we can be tempted to pay more attention to how we look. Of course, God isn’t against beauty. But He wants our beauty to come from the inside—from a beautiful character that shines through in a pleasant, joyful face.

1 Peter 3:4. Your beauty should consist of your true inner self, the ageless beauty of a gentle and quiet spirit.

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For You To Do

11 Modest behavior is valuable because it
a) allows our inner beauty to shine through.
b) shows others we have a low opinion of ourselves.
c) makes us more holy in God’s sight.

Accept Responsibility

We have to earn our living by honest work and not let the love of money take us into such things as gambling, lottery, betting, or any game of chance. And of course we don’t want to produce or sell things that harm others.

1 Timothy 6:10. For the love of money is a source of all kinds of evil. Some have been so eager to have it that they have wandered away from the faith and have broken their hearts with many sorrows.

God wants us to be good workers, not lazy people. Honest work brings many benefits. Those who accept responsibility for themselves and their families gain self-respect. They also gain the respect of their employers. Christians who have done their work well without complaining have convinced more than one manager that the gospel is real.

When the church first began, Christians often ate together. However, some came to eat who didn’t want to work. The leaders had this rule:

2 Thessalonians 3:10. Whoever refuses to work is not allowed to eat.

Honest work is an effective way to let your light shine.
1 Thessalonians 4:11-12. Make it your aim to live a quiet life, to mind your own business, and to earn your own living, just as we told you before. In this way you will win the respect of those who are not believers, and you will not have to depend on anyone for what you need.

If you cannot find a job, tell your pastor and your Christian brothers and sisters. Ask for prayer and be willing to do any kind of honest work. God knows your needs, and He will help you.
How to Have a Happy Home

The Bible teaches us that God created the family. He planned for men and women to live together as husbands and wives and to bring children into the world. Because He did, we can depend on Him to help us and our families.

God helps us by being present in our homes. He does this through His Son, Jesus Christ. In a Christian home, Christ is the Head. His presence fills it with joy, peace, and love.

God also helps us by giving us guidelines to follow for family living. These guidelines help people know how to act as husbands and wives and how to behave as parents and children. In this lesson you will study these guidelines.

There is no greater blessing in this world than having a home that is truly Christian. It is a shelter from the storms of sin and trouble all around it. It is a place where children feel secure and loved.

You can make your home a “little bit of heaven” if you do as God tells you!

In this lesson you will study . . .
Pray and Work for the Salvation of Your Family
Be a Good Christian at Home
Keep Marriage Sacred
Follow God’s Pattern for Family Living

This lesson will help you to . . .
• Know how to pray for your family.
• Live for Christ at home.
• Improve your marriage.
• Build a strong, happy family life.
PRAY AND WORK FOR THE SALVATION OF YOUR FAMILY

Objective 1. Choose to pray for your family members.

You can pray in faith knowing that this is the will of God. Don’t be discouraged if your family doesn’t get saved immediately. Keep on praying, knowing that God will answer prayer.

Acts 16:31. “Believe in the Lord Jesus, and you will be saved—you and your family.”

For You To Do

1 Your home can be a “little bit of heaven on earth” if you
   a) have enough money to furnish it well.
   b) invite a lot of people in to visit.
   c) move to a better house or neighborhood.
   d) follow God’s rules for family living.

2 If the other members of your family don’t become Christians immediately, you should
   a) keep on praying for them.
   b) stop praying for them.
   c) think that God won’t save them.

3 Pray now for every member of your immediate family. Make a habit of praying for them every day.

BE A GOOD CHRISTIAN AT HOME

Objective 2. Identify practical ways of living for Christ at home.

It is easy to act like a good Christian in church, but what kind of a Christian are you at home?

Read the following instructions from the Bible. Think of how you measure up to these teachings at home.

Colossians 3:8-9, 12-14. You must get rid of all these things: anger, passion, and hateful feelings. No insults or obscene talk must ever come from your lips. Do not lie to one another, for you have put off the old self with its habits. Clothe yourselves with compassion, kindness, humility, gentleness, and patience. Be tolerant with one another. . . . You must forgive one another just as the Lord has forgiven you. And to all these qualities add love, which binds all things together in perfect unity.

Do you show appreciation for the work of your wife or husband? for the help of your children or brothers and sisters? for the sacrifices that your parents have made for you?

Are you loving or selfish? Are you cross and irritable or patient and forgiving? Are you dictatorial, or do you listen to the opinions of others? Are you respectful and obedient to your parents or willful and disobedient?

Are you helpful and obliging? or lazy? Do you gladly cooperate with others without criticizing and complaining? Do you become discouraged easily, or are you cheerful when things go wrong? Do others find it easy to live with you?
If you want to have a happy home, humbly admit your failings. Then ask the Lord to help you overcome them. If you are willing to do your part, He will help you.

Ask Forgiveness for Your Wrongs

Jesus taught us to ask forgiveness of those whom we have wronged. If you aren’t willing to do this, it will stand in the way of your fellowship with God.

Matthew 5:23-24. So if you are about to offer your gift to God at the altar and there you remember that your brother has something against you, leave your gift there in front of the altar, go at once and make peace with your brother, and then come back and offer your gift to God.

It isn’t easy to say, “I’m sorry that I spoke sharply to you. Please forgive me,” but it’s a good way to get rid of hard feelings and keep your home happy. Do you have a bad disposition? Acknowledging your fault and asking your loved ones to pray for you is a long step toward victory over it.

James 5:16. Confess your sins to one another and pray for one another, so that you will be healed.

Your home will be happier if you
a) make everyone who has been unkind to you ask your forgiveness.
b) ask forgiveness when you have acted unkindly toward someone in your family.
c) show everyone that you are the boss and make them afraid of you.

Read James 5:16 several times.

Be Cheerful

Have faith in God and praise Him for the answers to your prayers even when everything looks dark.

Nehemiah 8:10. “The joy that the Lord gives you will make you strong.”

Do not be discouraged if you have a hard time controlling your temper or some other disagreeable trait in your character. The very effort you are making to overcome it is a testimony of your love for the Lord. He is helping you grow spiritually. Does your growth seem too slow? Look more to the Lord and less to yourself, and you will be surprised how He will solve the problems in your home. God is your loving Father who cares for you.

Think over the way you treat the people in your family. What change do you most need to make?

Ask God to help you make this change, and keep asking.
Objective 3. Identify the guidelines God gives for marriage.

In some communities many couples live together without getting married. When a person becomes a Christian, he or she will want to have a legal marriage. In this way the couple has a better testimony in the community, gives protection of the laws of the land to their family, and honors Christ. If you should need advice about the necessary legal documents, talk with your pastor about it. He will be happy to help you in any way he can.

God’s Word takes a strong stand against any kind of sexual relations outside of marriage. It strictly prohibits any flirtation or illicit love affair by either partner with another person.

Couples who keep their marriage vows enjoy great blessings. They can trust each other because they know that each is faithful to the other in thought, word, and deed. As they serve the Lord together, their marriage reflects the life of heaven. It is free from the deception, suspicion, jealousy, and unfaithfulness that wreck so many homes.

Hebrews 13:4. Marriage is to be honored by all.

Romans 12:17. Try to do what everyone considers to be good.

1 Peter 2:12. Your conduct among the heathen should be so good that when they accuse you of being evildoers, they will have to recognize your good deeds.

For You To Do

8 Following are some ideas about marriage. Circle the letter before each one that agrees with Christian teachings.
   a A couple should live together before marriage to see if they are suited for one another.
   b The legal ceremony of marriage is unnecessary for people who really love each other.
   c A couple who wishes to show honor for each other and for God will be legally married.
   d Love affairs outside of marriage are acceptable as long as they are kept secret.

9 You can depend on God to help you in your marriage. Pray that His love will strengthen your love for each other. Thank Him for your partner. Pray that He will help you keep your marriage vows in thought, word, and deed. Ask God to help you trust each other.

Marry a Christian

Of course, if you are already married to someone who is not a true Christian, your duty is to pray and try to win him or her to Christ. You are to be a faithful wife or husband and let your light shine for God in your home. But if you are still single and are going to get married, be sure to marry a Christian. This is the only way you can have real unity and peace in your family life.

If you marry someone of a different religion, there will always be problems. How can you agree on religious training for the children? How can you bring them up to serve the Lord?

You have accepted Christ as the Master of your life. If your husband or wife doesn’t want to serve Him, you will find yourselves going in opposite directions. You will always be torn between two things: the desire to please Christ in everything and the desire to please your companion.
As a Christian you want to please God. You want to be useful to Him, attend church services, enjoy fellowship with other Christians, and take part in the work of the church. You would like to have family prayer at home, praising and serving God together as a family.

The unsaved husband or wife isn’t interested in any of these things. Church services probably bore him or her. If your spouse goes with you to church, he or she feels that you should go with him or her to places of amusement that are not good for a Christian. Or else your spouse goes one way, and you go another, making your home unhappy. Worse still, many Christians have let an unsaved companion turn them away from the Lord.

God wants you to have a happy home. He doesn’t want you to fall into a trap that Satan uses on so many Christians. God definitely warns you not to marry an unbeliever. The following verse applies to your choice of a husband or wife:

2 Corinthians 6:14. Do not try to work together as equals with unbelievers, for it cannot be done. How can right and wrong be partners? How can light and darkness live together?

| For You To Do |

10 Suppose you have a Christian friend who has a non-Christian sweetheart. Your friend asks you what the Bible says about marrying non-Christians. What should you answer?

**FOLLOW GOD’S PATTERN FOR FAMILY LIVING**

**Objective 4.** Choose to follow biblical patterns in your home.

**Be a Good Parent**

Parents are responsible to God for taking good care of their children. The father, as head of the house, should provide for the material and spiritual needs of his family. The mother, too, should give the children the loving care that they need. Church activities don’t free parents from their responsibilities to their family.

1 Timothy 5:8. But if anyone does not take care of his relatives, especially the members of his own family, he has denied the faith and is worse than an unbeliever.

**Teach Your Children to Love God**

If you teach your children to love God and obey His Word when they are small, you will save them and yourself many heartaches when they are older. Gather the family for a time with God in Bible reading and prayer each day. Let each one take part. Pray together over the problems of each member of the family. Thank God together for His blessings.
Go to Sunday school and church together. Encourage your children to give their lives to God at an early age.

As you worship and serve God together, His love strengthens family ties. As the saying goes, “The family that prays together stays together.”

**Ephesians 6:4.** Parents, do not treat your children in such a way as to make them angry. Instead, raise them with Christian discipline and instruction.

**Love Your Family**

“God is love.” The more of God you have in your life, the more love you will have for your family. And the more love you have in your home, the happier it will be.

**1 Corinthians 13:4-7.** Love is patient and kind; it is not jealous or conceited or proud; love is not ill-mannered or selfish or irritable; love does not keep a record of wrongs; love is not happy with evil, but is happy with the truth. Love never gives up; and its faith, hope, and patience never fail.

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**For You To Do**

11 Circle the letter in front of each example of God’s pattern for family living.

a John feels called to preach. He abandons his wife and children and begins to travel as an evangelist.

b Martha expects the church leaders to do all the work of teaching her children about God.

c Tom and Susan read the Bible to their children and pray with them each day.

d William disciplines his children fairly. He makes sure they understand what he expects of them.

12 If you are a parent, pray for each of your children now. Ask the Lord to help you be patient and understanding. Pray that all family members will love each other more.

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**Check Your Answers**

8 Only statement c agrees with Christian teachings.

1 d) follow God’s rules for family living.

10 You should answer that 2 Corinthians 6:14 tells believers not to try to work together with unbelievers. A Christian who marries a non-Christian is disobeying this command. You should also encourage your friend to pray about this problem, asking God to bring him or her a Christian marriage partner.

2 a) keep on praying for them.

11 Descriptions c and d are examples of God’s pattern for family living.

5 b) ask forgiveness when you have acted unkindly toward someone in your family.
Many people today want freedom. Some want freedom from bad laws and harsh dictators. Still others want the freedom to say and do anything they please. What is real freedom? Can a person in prison be free? Can a person in an unjust society be free?

The answer is yes, because true freedom is not what is outside a person, but what is inside. In the Bible, Paul the apostle writes about “the glorious freedom of the children of God” (Romans 8:21). Only the children of God have true freedom!

This lesson explains the kind of freedom that you have right now because you are a child of God. This freedom sets you free from the terrible effects of sin. It liberates you from the fear that you will not be able to please God. It helps you overcome spiritual error and confusion. These blessings are yours because of what Jesus Christ has done for you. But they are just the beginning.

Your new life of freedom, which has already begun, will never end!

In this lesson you will study . . .

Freedom From Sin
Freedom From Fear
Freedom From Error
Freedom From Confusion
Freedom From Worry
Freedom in the Future
Keeping Your Freedom

This lesson will help you to . . .

- Discover the great freedom you have as a child of God, both now and in the future.
- Trust God more as your loving heavenly Father.
- Rest in the work Jesus Christ has done to save you.
- Live a life of freedom always.
FREEDOM FROM SIN

Objective 1. Choose phrases that describe your present and future freedom from sin.

Jesus died to set you free from the guilt, punishment, power, and presence of sin.

- Guilt: He took the blame for everything wrong that you have ever done.
- Punishment: You were condemned to die, but Jesus died in your place. By accepting Him as your Savior, you are free from the death sentence.
- Power: Jesus conquered Satan and broke sin’s power over you.

Romans 6:7-8, 11, 22; 8:1. When a person dies, he is set free from the power of sin. Since we have died with Christ, we believe that we will also live with Him. . . . You are to think of yourselves as dead, so far as sin is concerned, but living in fellowship with God through Christ Jesus. . . . You have been set free from sin . . . There is no condemnation now for those who live in union with Christ Jesus.

For You To Do

1 You are set free from the guilt, punishment, and power of sin by
   a) doing penance for your sins.
   b) deciding to be good from now on.
   c) accepting Jesus as your Savior.
   d) saying many prayers.

- Temptation to sin: Some people are delivered instantly from their bad habits the moment they accept the Lord. Others have to fight for weeks against their craving for tobacco, drugs, or other vices; but as they keep on praying and believing, God gives them victory.

John 8:36. If the Son sets you free, then you will be really free.

James 4:7. So then, submit yourselves to God. Resist the Devil, and he will run away from you.

If you still have a battle against bad habits, don’t give up. When the devil tempts you, claim by faith the freedom that Christ gives. Begin to praise the Lord for freedom, and you will soon get victory over the tempter. Your pastor will be glad to pray with you and help you.

You will face different kinds of temptation while you live on this earth. But these temptations are tests that can help you grow. You will become stronger each time you resist them. When you get to heaven, God’s work in you will be complete: you will be forever free from any desire to sin.
For You To Do

2. Read John 8:36 and James 4:7 five times.

3. Based on James 4:7, which statement is true?
   a) The devil will defeat you if you try to resist him.
   b) If you oppose the devil, he will go away from you.
   c) The devil is not affected by what you do.

   • Effects and presence of sin: Now you see sin and its effects all around you—suffering, sorrow, and death. Some glorious day you will go to your eternal home and be free from even the memory of sin and its effects.

For You To Do

4. Following are listed several kinds of freedom from sin. Match the phrase (right) to each kind of freedom it describes (left).

   a. Freedom from the guilt of sin
   b. Freedom from all the effects of sin
   c. Freedom from the power of sin
   d. Freedom from the punishment of sin
   e. Freedom from the presence of sin

   1) A freedom you have now and in the future
   2) A freedom you have in the future

5. Now that you are a Christian, why does God still allow you to be tempted to sin?

FREEDOM FROM FEAR

Objective 2. Discover how you can overcome fear, error, confusion about God’s laws, and worry.

You are free from the fear of what others may do to you. Your life is under God’s care, “hidden with Christ in God” (Colossians 3:3). You may have to suffer for Christ’s sake or even die, but He will be with you every moment. Nothing can happen to you except what He permits.

Romans 8:31. If God is for us, who can be against us?

You are free from the fear of witchcraft, the evil eye, and things that might bring bad luck. With the living Christ at your side to protect you, you do not need to use medallions, magic, fetishes, jujus, a glass of water before a picture, a charm on your child’s wrist or neck, a picture of a guardian angel, or any other pictures or images to protect you. In fact, it would make the Lord sad to see you using these things, as though He would not keep His promise to protect you.

Hebrews 13:5-6. God has said, “I will never leave you; I will never abandon you.” Let us be bold, then, and say, “The Lord is my helper, I will not be afraid. What can anyone do to me?”
1 John 4:4. The Spirit who is in you is more powerful than the spirit in those who belong to the world.

**For You To Do**

6 The best way to be free from fear is to
a) use strong magic.
b) trust in the Lord.
c) light candles to an image.
d) go to a witch doctor.

**FREEDOM FROM ERROR**

Satan has trapped millions of people in false religions. He gives them mistaken ideas of how to get to heaven. They pray to the sun and the moon, to rocks, rivers, and trees, and try to find the truth in dreams and revelations. They ask the spirits of the dead to help them. They burn candles and incense to idols made of gold, silver, wood, stone, or plaster. They offer sacrifices and make vows as they pray to some spirit for help.

God’s Word—not human ideas—shows us the true way to heaven. As you read God’s Word, you discover the truth and are free from these errors.

John 8:31-32. Jesus said to those who believed in him, “If you obey my teaching, you are really my disciples; you will know the truth, and the truth will set you free.”

**For You To Do**

7 We are set free from error by the
a) revelations we receive in dreams.
b) ideas of other people about heaven.
c) truth we learn in the Bible.

In the following verses from the Bible, you can see that God feels very strongly against the use of images and any form of spiritism. Now that you have given your life to Him, His commands are more important than any vows you may have made mistakenly before you knew better. These commands are from God and free you from promises that you have made to any images, spirits, or false gods.

Exodus 20:3-5. “Worship no god but me. Do not make for yourselves images of anything in heaven or on earth or in the water under the earth. Do not bow down to any idol or worship it, because I am the Lord your God.”

Deuteronomy 18:10-12 (NIV). Let no one be found among you who sacrifices his son or daughter in the fire, who practices divination or sorcery, interprets omens, engages in witchcraft, or casts spells, or who is a medium or spiritist or who consults the dead. Anyone who does these things is detestable to the Lord.
You are free from serving any spirits or false gods because you now belong to the one true God. You are also free from the power of evil spirits and from fear of what they might do to you. God’s Holy Spirit who has come to live in your heart is more powerful than any evil spirits that might want to torment you.

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**For You To Do**

8 Have you practiced or believed any of the errors that have been listed in this lesson or in the verses from the Bible? If so, pray this prayer. Name all the practices that you now forsake. Ask God to set you free from them and any fear you may have because of them.

*Heavenly Father, You are the only true God. You are greater than anything in heaven or earth. I now turn away from ................................................. and will never practice those things again. I will worship You alone, through Jesus Christ Your only Son, my Lord and Savior. Amen.*

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**FREEDOM FROM CONFUSION**

In the older part of the Bible (the Old Testament), there are many laws. Some people are confused about them. What are they? What meaning do they have for us today?

Many of these laws belong to a covenant God made with the Hebrews many years ago. Moses received the terms of this covenant and all its rules for the new nation that he had led out of Egypt. It included instructions about sacrifices, holy days, forms of worship, cleanliness, and food. Some call this covenant the “Mosaic” law, naming it after Moses.

All these religious regulations were like pictures of Jesus Christ and the salvation He would provide. He would be the perfect sacrifice that would take away their sins. He would fulfill all that the Law stood for and would establish a new covenant with those who would accept Him as Savior, whether they were Hebrews or not.

So the restrictions in the Mosaic law were for the Hebrews from the time of Moses to the time of Christ. Since then, we are under the terms of the new covenant, the New Testament.

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**For You To Do**

9 The time period of the Mosaic law is from the
a) beginning of the world until Moses.
b) Moses until Christ.
c) Christ until now.

Some people get confused and think we have to keep Saturday as a holy day, as the Mosaic law required. But ever since Jesus rose from the dead on the first day of the week, the Christians have had the custom of meeting on that day, Sunday, in memory of His resurrection. Ever since Bible times, they have called it “the Lord’s Day.”

Today, we set aside one day a week as a time to meet together to worship God. However, we do this not because of any rules that obligate us to do so. We do this because we love God and because the Holy Spirit gives us a desire to be with our brothers and sisters in the Lord.
Under the Mosaic law the people could not eat certain animals. Under the new covenant we are not bound by these restrictions. We have the same freedom that God gave humanity long before the Mosaic law. He told Noah that humans were not to eat blood, and this prohibition is repeated in the New Testament. But we can eat any kind of meat.

**Genesis 9:3-4** (NIV). “Everything that lives and moves will be food for you. Just as I gave you the green plants, I now give you everything. But you must not eat meat that has its lifeblood still in it.”

**1 Timothy 4:4-5**. Everything that God has created is good; nothing is to be rejected, but everything is to be received with a prayer of thanks, because the word of God and the prayer make it acceptable to God.

**1 Corinthians 10:25, 27**. You are free to eat anything sold in the meat market, without asking any questions because of your conscience. If an unbeliever invites you to a meal and you decide to go, eat what is set before you, without asking any questions because of your conscience.

**Colossians 2:16**. So let no one make rules about what you eat or drink or about holy days or the New Moon Festival or the Sabbath.

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**For You To Do**

10 Circle the letter in front of each TRUE statement.

| a | The religious regulations of the Mosaic law were pictures of the perfect sacrifice, Jesus Christ. |
| b | Christians today must worship God on the seventh day of the week (Saturday). |
| c | Christians today are free to eat any kind of meat. |
| d | Rules about holy days apply to Christians today. |

---

**FREEDOM FROM WORRY**

Your Father loves you and will take care of your needs. Trust in Him.

**1 Peter 5:7**. Leave all your worries with him, because he cares for you.

**Matthew 6:31-33**. “So do not start worrying: ‘Where will my food come from? or my drink? or my clothes?’ (These are the things the pagans are always concerned about.) Your Father in heaven knows that you need all these things. Instead, be concerned above everything else with the Kingdom of God and with what he requires of you, and he will provide you with all these other things.”

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**For You To Do**

11 Read 1 Peter 5:7 five times.

12 Are you worrying about anything? Tell your heavenly Father about it. Thank Him for the answer and stop worrying.

Sickness brings worry and anxiety into our lives. But this is another kind of worry we can leave with our heavenly Father. Jesus Christ, the Great Physician, is your best friend. He loves you. Just as He healed the sick when He was here on earth, He heals people today in answer to prayer. The
Bible says that you should ask for the church elders (the pastor and the leaders) to pray for you when you are sick.

**James 5:14-15** (NIV). Is any one of you sick? He should call the elders of the church to pray over him and anoint him with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise him up. If he has sinned, he will be forgiven.

**Mark 16:18.** “They will place their hands on sick people, and these will get well.”

The pastor and the elders may put their hands on you, or they may ask God to touch and heal you. Or they may anoint you with oil; this is a way of showing that they trust in the power of the Holy Spirit to make you well.

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**For You To Do**

13 Do you need healing? Ask your pastor to pray for you. If you are studying by correspondence, the workers at the school will be glad to pray for you. Write them about your need when you send in your answer sheet.

Many people have had wonderful healings from God. But sometimes God chooses not to heal a person right away. For example, the apostle Paul prayed to God three times about a certain problem. God heard Paul’s prayer, but God did not remove the problem. He said to Paul, “My grace is all you need, for my power is strongest when you are weak” (2 Corinthians 12:9).

Whatever happens, though, you can trust God completely. One day He will change your body into one like that of the Lord Jesus. Your new body will be perfect! No disease, sickness, deformity, or weakness will ever cause trouble for you again.

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**FREEDOM IN THE FUTURE**

**Objective 3.** Look toward the future with confidence.

The freedom you have now is wonderful. But God has much more planned for the future. Jesus, the Great Liberator, will come back to earth for those who belong to Him. At that time you will know, at last, the full and glorious freedom of the children of God. Jesus will take you to your heavenly home. The whole creation will be set free forever from the presence of sin and all of its effects.

**Revelation 21:4.** “He will wipe away all tears from their eyes. There will be no more death, no more grief or crying or pain. The old things have disappeared.”

**Romans 8:18, 20-21.** What we suffer at this present time cannot be compared at all with the glory that is going to be revealed to us. . . . For creation was condemned . . . . Yet there was the hope that
creation itself would one day be set free from its slavery to decay and would share the glorious freedom of the children of God.

For You To Do

14 Read Revelation 21:4 four times. Thank God for His message and for the glorious future He has planned for you.

KEEPING YOUR FREEDOM

Objective 4. Choose a description of how you can keep living your new life of freedom.

Until Jesus comes to take us home, we will still have a battle to fight against Satan. There will be temptations and trials, but we must not give up our freedom.

Galatians 5:1. Freedom is what we have—Christ has set us free! Stand, then, as free people, and do not allow yourselves to become slaves again.

Never forget that your new life and your freedom are in the Lord Jesus Christ. They depend on His presence and His power in you—not on how good you try to be. The Christian life is not keeping a set of rules. It is “Christ in you, which means that you will share in the glory of God” (Colossians 1:27).

2 Corinthians 5:17. When anyone is joined to Christ, he is a new being; the old is gone, the new has come.

Galatians 2:20. It is no longer I who live, but it is Christ who lives in me. This life that I live now, I live by faith in the Son of God, who loved me and gave his life for me.

For You To Do

15 Read 2 Corinthians 5:17 and Galatians 2:20 five times each.

16 Your new Christian life and freedom depend on
   a) your keeping a set of rules.
   b) how hard you try to be good.
   c) what you know about religion.
   d) Christ’s presence in you.

You have found in Christ a wonderful new life—eternal life with the glorious freedom of the children of God. Treasure it above all things; you will enjoy it more and more as the years go by and throughout the ages to come.

Now you are ready to answer the questions in your Student Report for Unit Two. Review the lessons in this unit, then follow the instructions in your student report for filling out the answer sheet. When you send your answer sheet to your instructor, ask him or her about another course of study.
CONGRATULATIONS

You have finished this course. We hope that it has been a great help to you! Remember to complete the second section of your student report and return the answer sheet to your instructor. As soon as we receive both answer sheets, we will check them over and send you your seal or certificate.

Check Your Answers

6 b) trust in the Lord.
1 c) accepting Jesus as your Savior.
7 c) truth we learn in the Bible.
3 b) If you oppose the devil, he will go away from you.
9 b) Moses until Christ.
4 a 1) A freedom you have now and in the future 
b 2) A freedom you have in the future 
c 1) A freedom you have now and in the future 
d 1) A freedom you have now and in the future 
e 2) A freedom you have in the future 
10 Statements a and c are true.
5 God allows temptations so you can learn how to overcome them and become stronger.
16 d) Christ’s presence in you.
One Final Word

This is a special kind of book because it was written by people who care about you. These are happy people who have found good answers to many of the questions and problems that trouble almost everyone in the world. These individuals believe that God wants them to share with others the answers they have found. They believe that you need some important information in order to answer your own questions and problems and find the way of life that is best for you.

They have prepared this book in order to give you this information. You will find this book based on these fundamental truths:

3. God desires that the world should be saved. Read John 3:16-17.
5. The Bible shows us the way of salvation and teaches us how to grow in the Christian life. Read John 15:5, John 10:10, 2 Peter 3:18.

This book tells you how to decide your destiny, and it gives you opportunities to express your decision. Also, the book is different from others because it gives you a chance to contact people who prepared it. If you want to ask questions or explain your needs and feelings, you may write to them.

In the back of the book, you should find a card called Decision Report and Request Card. When you have made a decision, fill out the card and mail it as indicated. Then you will receive more help. You may use the card to ask questions or make requests for prayer or information.

If there is no card in this copy of the book, write to your ICI instructor and you will receive a personal answer.
STUDENT REPORT DIRECTIONS

When you have completed your study of each unit, fill out the answer sheet for that unit. Do only one unit at a time. Return each answer sheet to your ICI instructor or office in your area as soon as you have completed it.

The following are directions on how to indicate your answer to each question.

EXAMPLE
There is one best answer. Blacken the space for the answer you have chosen.

1. To be born again means to
   a) be young in age.
   b) accept Jesus as Savior.
   c) start a new year.

   The correct answer is b) accept Jesus as Savior, so you would blacken space b like this:

   1 A  C

   Now read the questions in your Student Report and mark your answers in the answer section as we have shown in our example. Choose your answer and blacken the space a, b, or c according to your choice.
STUDENT REPORT FOR UNIT ONE

For all questions, be sure the number beside the spaces on the answer sheet is the same as the number of the question.

1. Our new life as a child of God is a result of
   a) studying God’s Word.
   b) Christ living in us.
   c) changing our habits.

2. The Christian has a new life in God. To keep this new life, one must
   a) follow faithfully the example of Jesus.
   b) learn and apply Christian rules and standards.
   c) remain in an on-going relationship with Jesus.

3. Members of our new family when we become a child of God include
   a) guardian angels.
   b) God and His Son.
   c) all good people.

4. The Christian’s life is described as
   a) walking alone along a pathway.
   b) climbing up rungs of a ladder.
   c) walking hand in hand with God.

5. In our Christian walk we should
   a) expect to face problems.
   b) experience fewer problems.
   c) be discouraged by problems.

6. To make sure of our salvation, God asks us to
   a) change our habits.
   b) repent of our sins.
   c) endure hardships.

7. Why does God choose to talk to you?
   a) Now that you are a Christian, God is willing to listen to you.
   b) God is your heavenly Father and loves you.
   c) God desires verbal conversation with His creation.

8. Although God speaks to us in various ways, the surest way is through His
   a) servants.
   b) Word.
   c) blessings.

9. Hearing God’s voice requires
   a) no effort on our part.
   b) absolute solitude.
   c) setting our spirit in tune.

10. Three ways we can expect to hear God’s voice are through
    a) horoscopes, other people, and prayer.
    b) meditation, fortune tellers, and magazines.
    c) prayer, the Bible, and other Christians.
11 Which procedure will feed your soul?
a) Read God’s Word regularly.
b) Discuss religion with ordained ministers.
c) Purchase and use a set of Bible commentaries.

12 We will have spiritual strength if we
a) do many religious rituals and ceremonies.
b) rest in the Lord and His promises.
c) try hard each day to be perfect.

13 We can keep spiritually healthy by avoiding all
a) unbelievers.
b) forms of entertainment.
c) immoral practices.

14 Teaching a Sunday school class would be considered
a) exercising spiritually.
b) feeding your soul.
c) keeping your life clean.

15 A sign that our interests have changed once we have accepted Christ as our Savior would be
a) renewed effort to be successful.
b) ample time spent with the Lord.
c) daily rigorous physical exercise.

16 Immediately after “Our Father which art in heaven,” the Lord’s Prayer says:
a) “Give us this day our daily bread.”
b) “Forgive us our debts.”
c) “Hallowed be thy name.”

17 While Bible reading and prayer are essential activities for believers, church attendance is
a) less essential.
b) more essential.
c) as essential.

18 Witnessing to others about Jesus is the work of
a) pastors and evangelists only.
b) all Christians.
c) older Christians only.

19 We give money to God’s work because
a) we are God’s children.
b) salvation can be bought.
c) God needs our money.

20 Partnership with God in building His church always requires our
a) giving.
b) preaching.
c) cleaning.

This is the end of the requirements for Unit One. Please stop here and return your Answer Sheet for Unit One to your instructor. Continue your study in Unit Two.
STUDENT REPORT FOR UNIT TWO

For all questions, be sure the number beside the spaces on the answer sheet is the same as the number of the question.

1 Standards of behavior for Christians are set by
   a) the culture we live in.
   b) our heavenly Father.
   c) our local church.

2 Jesus taught that the kingdom of heaven belongs to those who
   a) are persecuted for doing what God requires.
   b) never get angry at anyone.
   c) obey all the laws in the Old Testament.

3 The “Golden Rule” says that we must
   a) treat others as we want to be treated.
   b) fast and pray at least twice a week.
   c) earn our salvation by doing good works.

4 We can meet God’s standards for our new life through
   a) our own effort.
   b) the Spirit’s help.
   c) both a and b.

5 Jesus illustrates successful Christian living in the image of
   a) building on a sure foundation.
   b) rebuilding a broken bridge.
   c) refurbishing an old building.

6 For what reason did Jesus send the Holy Spirit to us?
   a) So that we would have a personal guide to help us
   b) In order that we might be aware of future events
   c) Because Jesus was going to die

7 When we “walk in the Spirit,” we
   a) no longer face temptations.
   b) are involved in spiritual warfare.
   c) do not experience any hardships.

8 Which statement best describes the gifts of the Holy Spirit?
   a) We can choose any spiritual gift we want.
   b) All Christians have the same gift.
   c) The Holy Spirit gives a different gift to each person.

9 The baptism of the Holy Spirit as described in the book of Acts refers to the experience of
   a) being called to minister.
   b) producing fruit.
   c) speaking in tongues.

10 In what way does the life of Jesus shine through us?
   a) Jesus’ life magnifies our natural abilities.
   b) Our lives show others the way to Jesus.
   c) We are successful in explaining religious truth to others.
11 The way a Christian talks
a) has a great effect on his or her testimony.
b) has nothing to do with his or her testimony.
c) may or may not affect his or her testimony.

12 Why should one pray for one’s family members?
a) The Bible tells us to pray for our family, and God promises to answer this prayer.
b) They often cannot or will not pray for themselves.
c) The head of a household is responsible for the sins of the family.

13 Practical ways of living for Christ at home include
a) acting in a self-righteous way.
b) asking for forgiveness for failures.
c) demanding respect from family members.

14 One of God’s guidelines for marriage is to
a) divorce an unbelieving spouse.
b) keep the marriage vows.
c) marry for love.

15 God’s pattern for family living is expressed in our
a) allowing disobedient children to go unpunished as an expression of love.
b) sending the children to church for all their Bible training.
c) providing for the material and spiritual needs of our children.

16 Our present freedom from sin means we can live
a) without being tempted.
b) fully delivered from guilt.
c) untouched by the effects of sin.

17 What illustration does the Bible use to show our freedom from sin?
a) Divorce. We are legally separated from sin.
b) Military victory. We have overcome all sinful tendency.
c) Death. We were condemned to death, but Christ died for us.

18 The true way to heaven is shown to us by
a) our ancestors.
b) the Word of God.
c) mediums and spiritists.

19 Looking toward our future freedom with confidence helps us to
a) not pay attention to the present.
b) spend all of our time daydreaming.
c) let go of past failures and hurts.

20 Our new Christian life and freedom depend on
a) Christ living in us.
b) our ability to be good.
c) our knowledge of religion.

This is the end of the requirements for Unit Two. Please return your Answer Sheet for Unit Two to your ICI instructor. Now that you have completed your study of this course, ask your instructor to recommend another course of study.
CL1110

Please fill in the blanks below:

Your name ..........................................................................................................................................

Your ICI Student Number .................................................................................................................

(Leave blank if you don’t know what it is.)

Your Mailing Address ........................................................................................................................

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Occupation ........................................................................................................................................

How many members are in your family? ..........................................................................................

How many years have you studied in school? ..................................................................................

If you are a member of a church, what is the name of your church? ..............................................

What responsibility do you have in your church? ............................................................................

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How are you studying this course: Alone? ........................................................................................

In a group? ............. What other ICI courses have you studied?

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Now, turn the page and answer all questions.
Blacken the correct space for each numbered item.

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Write below any questions you would like to ask your instructor about the lessons.

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Now look over this answer sheet to be sure you have completed all the questions. Then return it to your ICI instructor or office in your area. The address should be stamped on the copyright page of your study guide.

**Christian Life Program**

For ICI Office Use Only

Date............................ Score of UPE 1 ......................... Score of UPE 2 .........................
Your New Life
Answer Sheet for Unit Two

CL1110

*Please fill in the blanks below:*

Your name ..........................................................................................................................................

Your ICI Student Number ................................................................................................................

(Leave blank if you don’t know what it is.)

Your Mailing Address ........................................................................................................................

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City ................................ State or Province ..................................................................................

Zip or Postal Code .............................................................................................................................

Country ...............................................................................................................................................

**REQUEST FOR INFORMATION**

The ICI office in your area will be happy to send you information about other courses that are available and their cost. You may use the space below to ask for that information.

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*Now, turn the page and answer all questions.*
Blacken the correct space for each numbered item.

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Write below any questions you would like to ask your instructor about the lessons.

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CONGRATULATIONS

You have finished this course. We have enjoyed having you as a student and hope you will study more courses with ICI. Return this student report answer sheet to your instructor or to the ICI office in your area. When we have checked your answers, we will send you a certificate for this course in your program of studies.

Please print your name below as you want it to appear on your certificate.

Name ..................................................................................................................................................

Christian Life Program

For ICI Office Use Only

Date......................... Score of UPE 1 ......................... Score of UPE 2 ..............................
CL1110 Your New Life
Decision Report and Request Card

After studying this course, I have placed my trust in Jesus Christ as my Savior and Lord. I am returning this card with my signature and address to your ICI office for two reasons: first, to testify to my commitment to Christ and, second, to request information about more material to help me in my spiritual life.

NAME........................................................................................................
ADDRESS ...............................................................................................
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SIGNATURE .............................................................................................

THE GREATEST OF ALL
IS THE SERVANT OF ALL

Serving is one of the greatest ways we can show our love to God. ICI courses prepare you to better serve others.

Using our courses will create an orderly system of Bible study and encourage a better understanding of spiritual truths.

To begin preparing for God’s service, we suggest enrolling in courses offered from our Christian Service Program.

Some courses from the Christian Service Program are:

THE GREAT QUESTIONS OF LIFE
GOD LOVES YOU
WHO JESUS IS
WE BELIEVE
GOD’S DESIGN—YOUR CHOICE
CHRISTIAN WORSHIP
PERSONAL EVANGELISM
ALIVE IN CHRIST
CHRISTIAN MATURITY

If you desire a more detailed description about each course or directions on how to enroll in any of these courses, contact your local ICI director.
SEND US THE NAMES AND ADDRESSES
OF YOUR FRIENDS

We will send them Lesson 1 of
“The Great Questions of Life.”

Print Clearly

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