

# LESSON 7 You Have a Helper

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God never intended for you to be a Christian without His help. In fact, God has come to actually live in you by the power of His Holy Spirit. You are not alone!

Some people think that becoming a Christian is just learning a new set of rules. They are wrong. The Christian life is not a set of rules that you must keep. It does not depend on your struggles to be good. It is a new life from God springing up inside you and flowing out from you.

As you let the Holy Spirit guide, you will learn how to keep God's standards. The Holy Spirit will give you power to turn away from evil and choose what is right. Daily, you will grow more like your heavenly Father.

Yes, you have a wonderful Helper! This lesson will explain who He is and how He helps you.

## ***The Plan***

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- A. The Holy Spirit Is Your Helper
- B. The Fruit of the Holy Spirit
- C. Walking in the Holy Spirit
- D. The Power of the Holy Spirit in You
- E. The Gifts of the Holy Spirit

## ***The Goals***

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- 1. Identify the help God gives you to live for Him.
- 2. Describe the different ways the Holy Spirit works in your life.
- 3. Experience personally the power of the Holy Spirit.
- 4. Describe the baptism in the Holy Spirit.
- 5. Identify truths about the gifts of the Holy Spirit.

## **A. THE HOLY SPIRIT IS YOUR HELPER**

**Goal 1.** Identify the help God gives to you to live for Him.

Through the life and death of Jesus Christ, God provided everything for your salvation. He has also provided all you need to live your new life. He has done this by sending His Holy Spirit.

The Holy Spirit can be everywhere at once. When Jesus was on earth, He could be in only one place at a time. But after He ascended to heaven, He sent the Holy Spirit to be with all Christians—to live in us, guide us, and help us.

**John 14:16, 26** “And I will ask the Father, and he will give you another Counselor to be with you forever . . . But the Counselor, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.”

## ***Application***

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- 1** The Helper God has sent to be with you all the time is the
    - a)** pastor of your church.
    - b)** Holy Spirit.
    - c)** priest in your neighborhood.
  - 2** Emphasis of the Christian life is on
    - a)** obeying a set of rules.
    - b)** your constant struggle to be good.
    - c)** the Holy Spirit living in you.
  - 3** God's purpose in sending the Holy Spirit is to
    - a)** live in you, guide you, and help you.
    - b)** take Jesus' place on earth.
    - c)** be everywhere at once.
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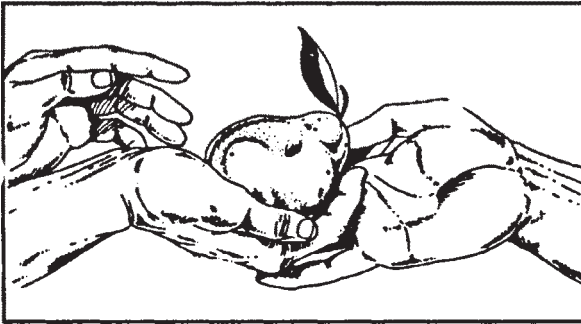
## **B. THE FRUIT OF THE HOLY SPIRIT**

**Goal 2.** Describe the different ways the Holy Spirit works in your life.

The presence of the Holy Spirit in your life produces results that are called the fruit of the Spirit. He gives you the desire and strength to do the right thing. As you let Him lead and help you this way, He develops in you a wonderful Christian character. Your good attitudes, speech, and actions show that you are a child of God. And while your family and friends will enjoy being around you, most of all, this fruit of the Spirit pleases your heavenly Father.

**Galatians 5:22–23** “But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.”

**John 15:8** “This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples.”



## Application

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- 4 The “fruit” of the Holy Spirit is the
    - a) people who hear the gospel message of Jesus Christ.
    - b) spiritual truth we find in the Bible.
    - c) good quality of character produced by the Spirit.
  - 5 Read Galatians 5:22–23 several times.
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## C. WALKING IN THE HOLY SPIRIT

**Goal 3.** Experience personally the power of the Holy Spirit.

It is natural for us to want to have our own way. This is a tendency of human nature. We want to do as we please instead of what is right. This is why we need to listen to the inner voice of the Holy Spirit as He urges us to do God’s will and shows us the way.

**Galatians 5:16, 25** “So I say, live by the Spirit, and you will not gratify the desires of the sinful nature. Since we live by the Spirit, let us keep in step with the Spirit.”

God’s Spirit will direct and strengthen you, but you must do your part. You must cooperate with the Holy Spirit and let Him guide you. This is what the Bible sometimes calls “walking in the Spirit.” You are already doing this as you practice what you read in the Bible.

## ***Application***

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**6** According to Galatians 5:16, the “desires of the sinful nature” are those desires which lead us to

- a)** think only of ourselves and what we want.
  - b)** provide for the physical needs of our families.
  - c)** improve our homes and surroundings.
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## **D. THE POWER OF THE HOLY SPIRIT IN YOU**

**Goal 4.** Describe the baptism in the Holy Spirit.

Jesus knew that His followers would need a power greater than their own to do the work of God. So He told them to wait until they were filled with the Holy Spirit in order to receive power to be His witnesses in all the world.

**Acts 1:4-5, 8** “On one occasion, while he was eating with them, he gave them this command: ‘Do not leave Jerusalem, but wait for the gift my Father promised, which you have heard me speak about. For John baptized with water, but in a few days you will be baptized with the Holy Spirit. But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.’”

John the Baptist said this about Jesus:

**Luke 3:16** “John answered them all, ‘I baptize you with water. But one more powerful than I will come, the thongs of whose sandals I am not worthy to untie. He will baptize you with the Holy Spirit and with fire.’”

The book of Acts gives the thrilling story of how God fulfilled this promise on the Day of Pentecost and of the wonderful results afterwards.

All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them. Now there were staying in Jerusalem God-fearing Jews from every nation under heaven. When they heard this sound, a crowd came together in bewilderment, because

each one heard them speaking in his own language. Utterly amazed, they asked: “Are not all these men who are speaking Galileans?... We hear them declaring the wonders of God in our own tongues!” (Acts 2:4–7, 11)

This baptism in the Holy Spirit, or infilling of the Holy Spirit, is also called the Pentecostal experience because it first occurred on the Day of Pentecost. When a person speaking under the power of the Holy Spirit uses a language that he or she does not know, we sometimes call it *glossalalia*. This Greek word means “speaking in tongues.” We also call it a *charismatic* experience, from *charisma*, which means “gift.” This means that it is a gift of the Holy Spirit and a supernatural experience.

## Application

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**7** The baptism in the Holy Spirit most often refers to one’s

- a) being baptized by immersion in water.
- b) bearing fruit according to Galatians 5:22–23.
- c) speaking in tongues as described in Acts 2:4.

**8** On the Day of Pentecost, the Holy Spirit gave the disciples power to speak languages that

- a) no one knew.
- b) they did not know.
- c) had no meaning.



Speaking in tongues was the sign that the Holy Spirit had come. But that was just the beginning. Jesus promised that the Holy Spirit would give us power. This power is for two purposes:

- To help us tell others about Jesus.
- To help us pray more effectively.

As Christians witness and pray in the power of the Holy Spirit, wonderful things take place, which can cause many people to turn to the Lord.

**Acts 2:14** “Then Peter stood up with the eleven, raised his voice and addressed the crowd: ‘Fellow Jews and all of you who live in Jerusalem, let me explain this to you; listen carefully to what I say.’”

**Acts 2:41** “Those who accepted his message were baptized, and about three thousand were added to their number that day.”

**Acts 4:31** “After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly.”

**Application**

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- 9 The main purpose of the baptism in the Holy Spirit is to give Christians power to
  - a) witness and pray effectively.
  - b) earn their salvation.
  - c) do miracles of healing.



This same power is for Christians today. Since the beginning of the twentieth century, several million people, in churches of different denominations all over the world, have enjoyed this Pentecostal experience in a baptism of power.

**Acts 2:38–39** “Peter replied, ‘Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit. The promise is for you and your children and for all who are far off—for all whom the Lord our God will call.’”

**Application**

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10 Do you want this power of the Holy Spirit in your life?

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Would you like to have the fire of God burning in you so that it will be easy to tell others about the Lord? .....

Do you want to pray more effectively?.....



This wonderful Pentecostal experience is for you. Ask God to baptize you with the Holy Spirit.

## E. THE GIFTS OF THE HOLY SPIRIT

**Goal 5.** Identify truths about the gifts of the Holy Spirit.

As you have just read in Acts 2:38–39, the Holy Spirit himself is called a “gift.” This word also points to the abilities that He gives to Christians. The abilities are called “gifts” of the Holy Spirit. Christ wants His church to be full of spiritual power, so the Holy Spirit gives special abilities to different members. In this way, each person may have a part in the work and growth of the church.

**1 Corinthians 12:4, 7, 11** “There are different kinds of gifts, but the same Spirit. Now to each one the manifestation of the Spirit is given for the common good. All these are the work of one and the same Spirit, and he gives them to each one, just as he determines.”



### *Application*

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**11** Following are several statements about the gifts of the Holy Spirit. Circle the letter before each one that is TRUE.

- a) All Christians have the same gifts.
- b) Church leaders decide who will have which gift of the Holy Spirit.
- c) A gift is given to one person, but all benefit when the gift is used.
- d) All Christians can serve the Lord because all have a gift from the Holy Spirit.



**12** Pray that God will continue the Pentecostal revival all over the world.

**13** Ask the Holy Spirit to give you the gift of service that He wants you to have. Pray that He will give His gifts to the other members of your church.



## ***Check Your Answers***

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- 1 b)** Holy Spirit.
- 7 c)** speaking in tongues as described in Acts 2:4.
- 2 c)** the Holy Spirit living in you.
- 8 b)** they did not know.
- 3 a)** live in you, guide you, and help you.
- 9 a)** witness and pray effectively.
- 4 c)** good quality of character produced by the Spirit.
- 11** Statements **c** and **d** are true.
- 6 a)** think only of ourselves and what we want.